

Really soon, you'll probably be asking, "why didn't I do this earlier!"

Learn how easy it is to feed a raw diet

Information collected by [Jane Anderson](#)

Welcome!

....to Raw Learning - a group of like minded people who have joined from around the world to make our animals, no matter what the species, healthier.....

Top breeders, caring owners, and well educated vets are getting back to basics. There is undeniable proof that commercial dog diets have caused immense damage to dogs around the world.

While many people always knew that it was merely common sense to feed a natural diet to their dogs and cats, a major re-education campaign is underway to help people "discover" again the fabulous benefits of feeding their dogs a raw natural diet.

This site has been put together purely as an aid to your learning.

Raw feeding [FAQ](#)

Looking at the [Big Picture](#) by Tracey Basset

Feeding [fish](#).

NEW!!! - The [myths of feeding supplements](#). Quick tip - don't waste your money!

NEW!!! - [10 top reasons not to feed pre-made raw](#) - save your money for the real food!

Soon to come....

The myths of feeding ground food

We also will attempt to dispell some of the myths vets and other so called "specialists" have put out. If you have any articles you'd like us to review, please [email us](#).

Firstly is our response to an [article](#) written by a vet in the UK.

Why have our vets got it so wrong?

(still mostly under construction)

Information for the [layperson](#)

Information for [vets and vet associations](#)

Information for [breeders](#)

Information for [universities](#)

Resources currently available

Dr Lonsdale's new book has been released. See his site now by clicking [here](#)! This book is now also available at Amazon.



This book is now recommended at "the" book to read about raw feeding. If you are a vet, it is expected you would have this on your book shelf.

Emails lists can be viewed by clicking [here](#).

Raw Feeding supplies

There is a specific email list which has been set up to help those locate a supplier of raw produce near them. Now, for most people, you should be able to locate a supermarket or butcher close by which can easily service most of your needs. But if you like to buy in bulk, or seek specialty products, then this list may help. Just click [here](#).

For more information about raw feeding, Jane can be contacted for further information by [clicking here](#) or phoning Australia: + 61 412 113 824



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Raw Feeding FAQ

Really soon, you'll probably be asking, "why didn't I do this earlier!"

Information collected by [Jane Anderson](#)

Please note: feel free to link to this site from your own site. You may not reproduce this article, unless specific permission it gains. Please [email me](#) if you'd like such.

Be sure to note the date that you have printed out the pages, as they are modified (usually only slightly) on the odd occasion.

Jane is also available for further discussion. Please call Australia (61) + 412 113 824

Best educated vets recommend an all natural diet.

... if your vet is not well educated, [email us](#), and we can recommend some further education programs for them.

Introduction -

Ok, make sure you read this, it sets the ground rules and understandings.

This FAQ is NOT a bible!

The raw diet, like life, has many different successful routes. I have tried to detail some of the basic questions that you may have which will hopefully get you onto the raw diet track.

People have different ideas about the raw diet and my suggestion if you become confused, is NOT to go back to commercial foods, but start thinking about what is best for your dog (or cat).

Start with the basics - raw chicken bones - carcasses, wings, necks. For the majority of raw feeders - that is the base of the majority of their dogs meals. However, if chicken is not available readily, use what is available locally - raw meaty - lamb, beef, venison, duck, rabbit, kangaroo, pig, raw whole fish. You get the picture.

Please note: Dogs do not have the digestive system to cope with grains. Grains are one of the biggest sources of allergies in dogs. Grains make up the majority of dog food company food sources. Many people find when they switch to an all natural diet, the allergies their dogs had disappear. This is common.

Not only is feeding raw cheaper to feed than commercial dog foods, but there are enormous savings to be made by not having all those vet visits to fix your dogs' allergies. Are you asking yourself yet, "why hasn't my vet recommended this?" Yes, I would ask that of them too. Unfortunately most vets receive NO education at university on dog diet other than what the commercial dog food company reps tell them! (yes, this is the education they PAY to get - unbelievable. Luckily, some universities are realizing this mistake and are making amends).

So much for objective information! ... the Australian Vet Association's principal sponsor is a pet food company. Click [here](#) to learn more.

Check out whether your vet can give out objective information on a raw diet, or have they (like most vets) received their education sponsored by a pet food company?

Join the raw feeding email list -

(please join in the "digest" form, as there are over many members on this list)

Please read this page, and please join the raw feeding email list by clicking [here](#).

.... and keep reading below for lots more information..... There are also over 100 different other smaller raw feeding email lists that you can join. Most people are on 2-3 raw feeding email lists, although I'm on about 10. To see this list click [here](#). If you are still stuck on which list to join, email [me](#), and I will be more than happy to help you out.

What is Feeding Raw all about?

Feeding Raw - it refers to a type of diet fed to dogs (and cats) which totally excludes all commercial dog foods.

Why should I feed a raw diet?

A raw diet provides a range of benefits that commercial dog diets can never hope to even closely match.

These benefits include:

1. no doggy odour
2. naturally cleans teeth - no need for toothbrushes, de-scaling jobs, or gum disease
3. the time it takes for a dog to chew a raw meaty bones give their stomach adequate time to get the acids moving
4. much less stools produced - and they are firm, and turn chalky after a couple of days
5. decreased or non-existent vet bills (your dogs are healthier!)
6. less cost for dog food - commercial dog foods are ludicrously expensive

7. mirrors what a dog would be getting in the wild - and certainly even the modern day dog has a digestive tract exactly the same as a wolf
8. puppies develop at a more appropriate rate - and quick growth spurts are avoided. A GOOD breeder will want to stop fast growth in any pup.
9. the ripping and chewing involved in eating raw meaty bones develops the jaw, neck, and shoulder muscles of the dog. Commercial dog foods will never assist in this important muscle development.

What have people have reported?

People who have switched their dogs to a raw diet from commercial dog foods have found the following:

- dogs who were previously un-energetic, and sluggish become completely new dogs once the raw diet feeding begins
- allergies their dogs previously had on commercial foods, disappear once they start with the raw diet
- arthritis has significantly reduced or disappeared in some dogs switched to raw
- better weight control
- no more doggy odour!
- their dogs are living longer on a raw diet than what their other dogs previously had survived on commercial dog foods
- that their bitches managed their pregnancies better
- better weight and survival figures in puppies

Click [here](#) to read some more detailed true stories.

Why is commercial dog food not good for my dog?

There are a range of problems with commercial dog foods. I will provide some links below, but in summary:

1. a dog's food should never be cooked. It should be fed in a raw natural state like nature intended. Cooking a dog's food ruins most of the nutritional value.
2. dogs should have access to raw meaty bones. These clean their teeth, work and develop their neck and jaw muscles, and the chewing action prepares their stomach for the incoming food mass. Chewing bones also slows down the eating process considerably, making it far harder for a dog to over eat.
3. dog foods have as their main ingredient cereals - the main ingredient your dog should be eating is raw meaty bones. And it is these very cereals that cause a range of problems such as allergies.

4. commercial dog foods are laden with preservatives, colors (dyes), and salt. They have additives to make the food taste better so that the dogs will overeat.
5. the vast majority of commercial dog foods have far too much carbohydrates in them. High levels of carbohydrates are linked to over-eating, diabetes, weight gain, and numerous other problems. Dogs should eat a diet with only a small amount of carbs.
6. there is no substitute for a raw diet.

and most scary of all:
7. your vet is most probably recommending a commercial diet because of financial inducements and a lack of independent learning.

Well then, why do so many people still feed their dogs commercial dog foods?

Yes, it confuses me too! However, commercial dog food companies have got the advertising part down amazingly well. They have entered the market at every point. With some companies, breeders and vets get major discounts and kick-backs for selling their product. They sponsor dog shows, they advertise in dog magazines, they get high profile people (including vets) to talk about their product.

There are also considerable kickbacks vets, vet schools, and breeders can receive from recommending a commercial diet.

And most importantly, their advertising campaigns are slick, and tend to make people feel guilty if they feed any other way.

And people are suckers for good advertising.

Let me make this very clear to you, I make no money from recommending a raw diet, so you can be assured, by making such recommendations, I get no financial kickbacks, nor will ever seek any. As a breeder of dogs I could make a small fortune by letting my dogs be in dog food commercials, and by selling on commercial dog foods.

I only recommend feeding raw because I want your dogs to be getting the diet that will make them the healthiest that they can possibly be.

But how will I know how much to feed my dog?

You feed your dog based on their energy requirements. It will differ for how much work your dog does, and what their metabolism is like.

As a rough guide, my adult male boxer (neutered) will eat one chicken carcass a day as the base of his meal, and then some other bits and pieces. The same goes for my Portuguese Water Dogs. My borzoi requires about twice as much.

My toy poodle will have three chicken necks a day (or more if he's been a bit active) as the base for his meal.

My cats will eat about the same amount as the toy poodle, but they do prefer fish over all other food!

Look at your dogs and cats regularly - if they are looking a bit porky, then remove all carbs in their diet. If they look a bit thin, then, an extra half a chicken carcass in the diet for a few days may be the solution.

It's not hard to do, and when you get into a routine, it's darn easy. Trust me!

But aren't chicken bones dangerous?!!!

This is one of the biggest myths of all time! Raw chicken bones are fantastic for your dog. They are soft enough so that they bend easily, and break well for the dog to digest.

On the other hand, cooked chicken bones can be a problem, and I recommend that you DON'T feed COOKED chicken bones.

Some people are worried about their dog choking on bones. While such incidents are very rare (far more incidents occur with dogs choking on kibble), I encourage the feeding of bigger portions of meaty bones, or if available, whole carcasses, such as whole chickens or rabbits.

So could a raw chicken bone kill a dog? Well I guess that anything is possible. Certainly scientifically you can't prove a negative argument. However what we do know is that dogs have died from inhaling kibble the wrong way and choking and suffocating to death.

Feeding your dog is about management of risk. No matter which path you decide to take there is always risk. There is always someone who will criticise your decision. However you, and only you can decide what is best for your dogs. Weigh up all the benefits and risks. Do your own analysis. Do your research. Do what will have the greatest overall benefit for your dog.

My dog tends to inhale food!??? -

There is a real need to manage this.

This is common with some dogs who have been raised on commercial food who don't actually ever learn to chew.

You need to be careful with all dogs regardless of what they eat during their meal times. I've heard of dogs choking and dying on kibble, and dogs choking on raw meaty bones. - Just like I have heard of humans who have choked and died on a small piece of sausage or cheese.

You should supervise all meal times.

If a dog is scarfing down their food, I feed them by hand, in an isolated environment, until they learn how to chew. Chewing is critical for a dog. And literally some dogs need to figure it out as adults how to do it. Sometimes I will hold one end of the chicken carcass and not let them swallow it until they have chewed it a bit. Puppies that I have brought up feeding raw meaty bones from an early age never seem to have these sort of issues. But you never can tell.

Some dogs will try and inhale even large meaty bones, so you really need to work with these guys carefully. They should eventually work it out. As stated early, feed really large portions, that forces the dogs to chew.

There is an increasing understanding that best nutrition is achieved when feeding the whole carcass, rather than just bits of it. So to help a "scarfer" perhaps a whole carcass might slow them down. For more information about feeding carcasses etc, click onto Dr Tom Lonsdale's page [here](#). Be also careful of the greedy guts who thinks s/he will be starving unless food is consumed in great quantities immediately. Most dogs will learn eventually, but others, well, it may take a long time.

So in summary, monitor meal times, and be sure to watch out for the greedy guts - and manage them carefully.

How about pre-packaged raw foods?

Pre-packed raw foods are entering the market in a big way. However, for the most part, they are inappropriate food stuffs. Here's just some of the problems with them:

- Different standards for packaging dog food than for packaging human foods
- You don't know how much of different foods are in your pack (unless you are sent an entire carcass)
- 5-10 times more expensive than buying directly from your butcher
- Usually, they are ground food - which is not species appropriate - both dogs and cats need whole raw meaty bones and/or carcasses
- Contain unnecessary supplements
- Contain fruit and vegetables - which are just not appropriate for dogs or cats.

Should I grind the bones?

In a small number of cases, invariably where the dog/cat has a rare medical condition, ground bones are necessary.

However, in over 99% of cases, dogs and cats should be fed whole meaty bones/carcasses. Ground bones are a poor substitute to whole bones. In addition, consuming such does not give the dogs the important muscle work out they need.

There has also been a very small number of cases caused by impaction of ground bones.

Frankly, feeding ground bones tends to help nervous owners get over the whole "can't possibly feed my dogs whole bones" mentality, but is not the best thing for your dog. If you insist on feeding ground bones, please understand the negatives of such.

What supplements should I feed?

Ah... to supplement or not to supplement! Well there are some people out there and pharmaceutical companies making a load of money off gullible people! In almost every single case, the feeding of supplements is a complete waste of time and money.

If you really do have spare money, donate it to me!

Don't fall into the trap of feeding supplements "just in case". If you feed your dog/cat a variety of raw meaty bones/carcasses, then you're dog has the best platform upon which to base their health.

Just remember - NEVER EVER FEED KIBBLE!

But what about bacteria on raw chicken?

So many good questions!

Ok, there is bacteria everywhere. Dogs have an amazing immunity system specifically designed to eat all manner of bacteria. And a healthy raw fed dog manages those bacteria without a problem.

E-coli, salmonella, etc are found on raw chicken, but those nasties are also found in your fridge, in your sink, on your floor, in your backyard, in your car, on the footpath, down at the park, and perhaps in your bed! Interestingly, the only cases I have heard of dogs dying from e-coli or salmonella, were dogs fed commercial dog foods.

The most important thing is to wash your hands thoroughly after feeding your dogs, and even after cutting up meat for your own meals. Our digestive systems are not quite as robust as our dogs, so we must protect ourselves.

I use a spray bottle containing white vinegar which I spray about when I need some disinfecting.

I have been feeding my animals a raw for several years, and have yet to have a problem with bacterial infections with my dogs. They are so darn healthy, they are never at the vets! Well, except for when I got them micro-chipped.

Additionally I have raised a number of litters all successfully on a raw diet.

But my vet doesn't think that feeding raw is any good

Then your vet needs some serious re-educating!

Keep in mind that vets are told very little about dog diet at university. In fact, in some universities, reps from the dog food companies, come and do presentations on dog diet, as part of the curriculum. Many vets get their education on dog diet by dog food reps.

And many vets make a lot of money by retailing dog foods.

If you have a vet that doesn't want to be re-educated, or will not discuss options, then that is a very sad state of affairs. Here's hoping you can find a better vet.

Given this age of the internet, there is absolutely no excuse for vets not to be educated on all feeding options. And there are plenty of vets on the internet who would gladly converse with other vets about feeding raw. You found this page, why can't they??!

That being said, there are plenty of vets out there now who realise that there are significantly better alternatives to commercial dog food. Many vets who have changed their ways are very sorry that they did not "see the light" much earlier.

What do you feed your dogs, Jane?

Great question! These are the things my dogs eat:

- raw meaty bones and/or whole carcasses - chicken, lamb, pork, whole raw fish (at least once a week), beef, rabbit
- whole raw eggs in their shells (I let the dogs crack the shells)
- organ meat

My dogs will also get fish heads, eel, prawns, squid, and any other raw meaty carcass I can get. Sometimes this means kangaroo!

Please note: dogs are carnivores - they do not need either fruit or vegetables.

- do you get the picture yet - be relaxed about how you feed!

Grains

PLEASE NOTE: I NEVER EVER FEED MY DOGS GRAINS - THIS MEANS, NO OATS, RICE, WHEAT, BREAD, CORN, ETC.

Dogs do not have the digestive system to cope with grains. Most commercial dog foods contain more than 50% grains (yes, this includes all those fancy expensive ones too!) Grains are one of the biggest sources of allergies in dogs.

My dogs have a diet that is high in protein, and low in carbohydrates - like nature intended.

Where can I buy this stuff?

Talk to your local butcher, abattoir, or chicken processor. Many of the leftovers that these guys consider waste, us raw feeders people consider fantastic for our dogs. Things like chicken carcasses, chicken necks, chicken feet, and chicken heads are considered rubbish, and are sold for next to nothing. You should be able to get these fairly easily.

You can also try things like pigs' trotters (that's pig's feet), ox tail, lamb's necks. Some people also have access to ostrich carcasses, and deers. Be creative. And don't forget raw whole [fish!](#)

Can I feed my pregnant bitch on raw food?

Yes! Yes! Yes!

This is the best thing you can do for your bitch.

I have actually changed the diet of a bitch I obtained, who was pregnant, to raw food when she was pregnant. I was certainly not worried about any cross over issues. For her, the potential damage of commercial foods to her and her puppies was my main concern. I couldn't get her onto a raw food diet quickly enough!

Mind you, she did eat one heck of a lot! So for pregnant and nursing bitches you will find that they need more food to cope with the demands of the little guys! And sometimes, a pregnant bitch will not want to eat a lot. You let your bitch be the judge. She knows her needs.

Can I feed puppies on raw food?

You most certainly can. And the good news is that unlike the commercial dog foods who recommend a confusing range of foods for different age groups, raw food fed dogs are fed the same regardless of age.

Of course, you won't want to feed that little puppy huge marrow bones! So, use common sense in your feeding.

How do I learn more?

There are several good books you can purchase. The one I primarily recommend is

- Raw Meaty Bones - by Dr [Tom Lonsdale](#)

A great range of books is available from [Janice Star](#).

Janice's phone number is: (905) 788-1605

Check your local good bookstore and see what they have to offer.

Also, I highly recommend you start surfing the internet. There are several good sites in the raw food web ring that will detail all you wanted to know and more about the diet. The webring is for people who only feed 100% raw food, and if you do, then you are encouraged to join the ring.

You can see the web sites of those people feeding raw food by clicking [here](#). These sites include those people with top show winning dogs, and those with the single companion dog - all these sites are linked by a common thread of feeding Biologically Appropriate Raw Foods to their pets.

You can also join the Raw Feeding email list by clicking [here](#).

Jane, you spend a lot of time talking to people about dog diet. Why do you do it?

Life is about learning. Part of my core instinct is to help people out. As part of this, I feel a great desire to ensure that we look after our fellow furry friends.

With my show dogs, I call the raw diet, "my secret advantage". On one level I would much prefer that my competitors don't feed the raw diet, as I know their dogs will not be in the same condition as my guys. But on the other hand, what I want most, is for dogs to be healthy, regardless of who owns them.

Interestingly now days, the raw diet speaks volumes in the ring, and we often get asked the question, "what do you feed?".

We often win dog food at dog shows. The first thing we do with that is put it in the closest trash bin. There's no room for that sort of rubbish in our dogs' diet. The health of my dogs is far too important for me to compromise it by feeding a vastly inferior standard of food that commercial food represents.

Pet shelters take heed - if you approach the right suppliers, you will probably find you can get ALL of the food needs of the dogs for free, or for a very low price. Email me for more information on how this can easily be achieved.

Suggested links from here

- [Raw Feeding Home Page](#)
- [Raw Feeding email lists](#)
- [Raw Feeding testimonials](#)
- [AVA](#) - find out how the Aussie vet association is supported by a pet food company
- [Feeding fish](#)
- [Breeding Page](#)
- I want to talk to you about a puppy - [email me](#)

It is highly recommended that you read through this whole page thoroughly, surf the raw food webring, and borrow or buy some of the books in addition to being on the email list.



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This site last updated 11 November, 2003



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Raw Feeding - the Big Picture

by

[Tracy Bassett](#)

Tracy has been Raw Feeding for many years, and shows her dogs. She presently lives with 4 dogs, 2 sheep, and a goat. Tracy is well respected within Raw Feeding circles for her research into Raw Feeding, and her commitment to helping people who are new to the diet.

Here is a little exercise for those who are having a hard time trying to sort out 'the big picture' when it comes to Raw Feeding. I hope it helps a little :-):

Visualising your dogs diet

On the Raw Feeding list and other lists we talk in depth about our dogs diet. We break it down, dissect it, discuss certain aspects of it and analyse it. This is a great thing to do, as we are learning more and more about nutrition and how to help our dogs have a long and healthy life through diet. But, because we are breaking it down in to small pieces so much, sometimes things get a little confusing and we can forget that the diet is more than just the sum of its parts. A tree is more than what we see through a microscope. If we only ever looked at a tree through a microscope, what would we be missing? Would we really be seeing what a tree 'is'?

Ok, so lets try and step back and look at the Raw Feeding diet as we would look at a tree. Not through a microscope, but by standing back and examining/admiring it as a whole.

The simplest way to do this for starters, is to imagine a dogs diet as an animal. A prey animal perhaps.

Most of the animal is made up of meat and bones. A prey animal in the wild is a lean animal - not fat and plump like those raised domestically for meat. The amount of meat to bone is close to 50/50. Perhaps a little more meat than bone overall, but not overly much. (If you need to visualise a specific 'animal' for the exercise, try using a rabbit perhaps).

Then you have the organs. Imagine the amount of organs compared to the bones. It is a much smaller percentage of the whole animal than the bones and meat.

Now vegetable matter. In the animals stomach and intestines there will be things like grasses, herbs, berries, seeds and so forth. No grains really apart from some grass seeds in season. Lots of leafy green vegetable matter all pulped up. Again though, it is a smaller percentage than the amount of bones and meat

Now, visualise those three things making up the animal - meat/bones, organs, vegetable matter.

Ok, but that is not it is it? That is not all we are feeding, surely? Well, no. But back to our prey animal to explain that.

Imagine the prey animal living in an environment that is not overgrazed and has lovely healthy rich soil. The diet it is eating is full of nutrients and trace elements and has good levels of omega 3's. The prey animal is also a 'whole animal and includes the things most people don't buy commercially such as eyes and brain etc (things higher in omega 3's). To emulate this, we can include things like kelp/alfalfa and flax/fish oil.

In its stomach along with all those vegetables, it will also have some enzymes and bacteria. This is where things like probiotics (eg yoghurt) can come in to the picture.

So, here we have the basic 'animal' that forms the foundation of the diet. Picture all the bits together in the proportions you might find them in the animal. Now picture them in your dogs bowl.

Ok, but now we come to another question. Do I have to feed them this every day? Do I have to make the whole animal in my dogs bowl every day? To answer that I will ask a question - what is the likelihood of a dog in the wild catching a and eating a whole animal every day?

Some days it may get the whole animal. Another day it may share in some meat/bones from a larger animal. Or it may feast on another part while someone else gets meat/bones. Overall however, while the balance may be over time rather than every day, the amounts of each type of food consumed are likely to stay similar to those found in a single animal. So, still think of the single animal, but perhaps 'cut it into bits' and feed it over a number of meals.

Of course there are also other things 'outside' this basic visualisation. Things like fish or eggs for example, that can still make up a part of the diet. These things are a bit like the birds nesting in that tree I was talking about at the beginning ;-). Not part of the tree, but still part of the picture if you want them to be.

Well, I hope this helps some of you a little. Whenever you feel yourself overwhelmed by the detail you see under the Raw Feeding microscope, step back for a minute and take a look at your picture. Visualise your Raw Feeding 'animal' and see what it looks like.

Relax, keep things simple and sit back and observe from a distance for a while. That 'big picture' is quite a work of art :-).

[Tracy Bassett.](#)

Canberra, Australia

See Tracy's web page by clicking [here](#)

Where to from here?

[Raw Feeding Home Page](#)

[Raw Feeding FAQ](#)

[Raw Feeding Surveys](#)

[Raw Feeding Email Lists](#)

[Feeding Fish](#)

[Some basics about breeding dogs](#)

This page last updated 10 November, 2003

Feeding Fish to your Dogs and Cats

by

[Jane Anderson](#)

(please note: the information contained in this page and on this site is copyrighted to Jane Anderson, and must not be replicated without permission, although, please feel free to link from your own site.)

Fish is an integral part of the diet for many people feeding dogs and cats. At my own house, I feed several dogs and cats a raw diet. Over the years my breeds have included borzoi, great danes, toy poodles, boxer, but my specialty breed is [Portuguese Water Dogs](#).

Fish are an excellent "whole food". In an appropriate raw diet, feeding whole carcasses is the best diet to feed your dogs and cats. While this isn't possible for most people all the time, feeding fish does provide the dogs and cats with a "whole carcass". At my house, the dogs get at least one serving a week. The fish on average weigh between 1/2 a kilo to a whole kilo.

Types of fish fed - When we buy fish we buy whichever is cheapest. Depending on the day, this could be blackfish, whiting, red fish, mullet, sardines, mackerel, etc. I sometimes feed eel when I can get it, and on the odd occasion, feed prawns, shark, and crab. If I have raw prawn shells, I will feed these to both the cats and the dogs.

Fish heads - my dogs love the fish heads. Mind you, for many dogs that haven't experienced fish, the whole experience can be a bit overwhelming. But my preference for fish is that it is fresh, whole, with scales and fins intact, and the guts still in. This then provides the dog with the ever so important "whole" food requirements.

Canned fish - When I couldn't get raw fish easily, I did feed my dogs canned fish. While this is better than none, nothing compares with raw whole fish, especially if it is fresh. However, canned fish is a poor substitute, and I would not recommend feeding it regularly.

How often? - I feed the dogs fish at least once a week, sometimes twice. I can usually get fish for around \$1.50 a kilo which makes is a fabulous buy.

Where do you feed it? - The dogs eat their fish out in the back yard, although Judy likes to hide behind the kennel, as she thinks I'm going to take it back off her! At times, my dogs prefer an "aged" fish, so will bury it for 2-4 days before going back to it and eating it.

Which fish shouldn't you feed: I understand in some parts of the world there are some types of fish not recommended to feed. Check with your local fisheries department. The main one to avoid is pacific northwest salmon.

Fish Bones - some people worry about fish bones. As long as the fish is fed raw and preferably in its entire form, bones should not be an issue. I have fed fish to my dogs for over 10 plus years, and I have both top quality show dogs and companion animals. If I didn't think fish was a fabulous

food source, I certainly would not feed it.

Puppies - I introduce fish to puppies from 4 weeks of age. I mash whole fish into their dinner, and they learn from an early age to appreciate this food type. I recommend introducing fish as early as possible to dogs.

A word of warning - before you go out and buy fish to feed your dog, remember it does take some dogs some time to get used to it. I'd recommend starting off with a small amount of fish at a time. Cats usually take to fish very easily.

To learn more about how to feed an appropriate raw diet, join our popular email list by clicking [here](#).

And if you'd like to find out more about my dogs, click [here](#). If you'd like to email me, please [do](#).

To read our Raw Feeding FAQ - please click [here](#).

To go back to our main page, click [here](#).



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The Myths of Supplements

by Jane Anderson

It is unfortunate for people feeding raw that so many people have jumped on board to make their fortune by selling you unnecessary vitamins, supplements, and other such bits and pieces.

Some of these people genuinely mean well, but most don't. They already know the supplements and vitamins won't do anything for your dog (or cat, or ferret), but will be more than prepared to take your money.

How did this situation develop?

It's a combination of a few things happening including:

- The pet food industry has tried to make it look like feeding your dog is a difficult event. They want you to think that it takes an incredible amount of science to feed your dog, and that clearly the general public is so dumb, they would never work it out! Adding supplements gives the illusion that the food is "balanced", and nothing could be further from the truth.
- The health food industry is a machine which is designed to make money. Forget about trying to make you healthy. There's no profit in healthy dogs or healthy animals. Providing useless supplements, vitamins, etc which provide no value, without "fixing" the underlying health problems, is a fantastic way of corporations and individuals to keep a great cash flow coming from a naive public.
- People with healthy dogs like to think they can make their dogs healthier by feeding supplements. Clearly all this does is make you feel better and is no benefit to your dog, nor your hip pocket.

When supplements and vitamins are added to commercial dog products via the manufacturer they are invariably transformed by the cooking process, and ruined. It's a bit like buying a fantastic pair of shoes, then putting them in a furnace for an hour, then bringing them out, expecting them to give you the same level of satisfaction as before they were cooked. Just as it would be ludicrous to expect your shoes to be fine after a cooking process, the same goes for vitamins and supplements.

There is little evidence, if any, to suggest that adding supplements and vitamins is of any benefit to your dog. In fact, the benefit comes from giving the illusion it will make your dog healthier, or cure it's health problems.

Let me be clear, the best way to provide a solid platform for the health

of your pet is to feed it an appropriate raw diet. This is a diet that is designed for a carnivore. Any diet that comes from a can, a packet, or is designed for an omnivore (and if you think dogs are omnivores, it's time to wake up to yourself!), is inappropriate for your dog.

You need to feed a diet which is based on the "prey model". A dog in the wild would feed on whole raw prey, or scavenge parts thereof.

Any person who states that the digestive tract or the needs of the "modern" dog are any different from that of a wild dog, is either deliberately trying to deceive you, or needs to quickly update their own education.

There is no excuse for deception of the public.

Supplements that your dog doesn't need:

- Cod Liver Oil
- Flax Seed Oil
- Colostrum
- Missing Link (another fantastic way to waste money!)
- Vitamin E, Vitamin C, etc
- Grape Seed Extract
- Garlic
- Brewers Yeast

.... and they don't need veggies or fruit.

Are Supplements Harmful?

They can be. On many occasions, I've been emailed by people new to raw feeding who have found their dogs not improving, or indeed, their dogs being in worse condition than before. I always ask them what they are feeding. Invariably they include a plethora of supplements and vitamins. The first thing I tell them to do is remove all supplements, vitamins, etc from the diet.

On most occasions it becomes clear to the pet owner within a week, that one of the causes of their current problems is this supplementation which they have provided. Not only have the supplements cost them a small fortune, but they have made their dog's condition worse!

Don't let this happen to you!

Supplements are processed

Feeding a raw diet is all about feeding naturally. Any processing of food is absolutely discouraged. 99.9% of supplements and all vitamins are processed. This means they are rendered in a way which changes their form, making them almost impossible for the body to use. In some instances, the supplement can actually cause a health problem in your dog.

The best "alternative" is to feed your dog a natural form of that particular substance. For example, rather than feeding fish oil (and expecting some amazing result!), feed your dog fish.

And some supplements are completely wrong. For example flax seed oil, which some claim is a fantastic supplement, is grain based, as well as being highly processed. Dogs do not have a digestive system designed to eat grains or associated products. As such, feeding this sort of thing, can actually cause health problems in your dogs.

In summary

Feeding supplements and vitamins etc is not recommended. In some instances it causes its own set of health problems.

If your vet recommends such, there's a clear indication that he/she needs more education. You can recommend they join the vet email list which covers such subjects.

Remember, people everywhere make a living out of gullible pet people. Save your money, and use it to buy better quality food for yourself and your pets.

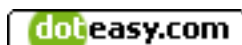
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10 reasons not to feed pre-made raw food

by Jane Anderson

Although known since time began, but now gaining new support, feeding an appropriate raw diet is the best way to provide a solid platform for your dog's health. You probably already know that there is no commercial dog food that even comes close to providing the benefits of an appropriate raw diet for your dog. And there is no such thing as "quality" or "human-grade" kibble.

You've probably noticed I've used the word "appropriate" a couple of times. This is deliberate. Unfortunately, there are many people trying to jump onto the raw food "bandwagon" to make their fortune, and are instead not headed in the right direction. For example, see my page on the [the myths of feeding supplements](#).

I do not recommend feeding pre-made raw foods. These are the reasons why:

1. The food is not presented in a "natural state" - dogs need to have their food presented in as natural state as possible. When you deviate from this, you decrease the benefits of an appropriate diet.
2. There have been a small number of cases where dogs have had impactions caused by the glob of pre-made and ground food hitting their stomachs, before their digestive system has had time to produce the necessary chemicals to process the food.
3. It is invariably based on the incorrect premise that dogs are omnivores. Dogs are carnivores and yes, it does make a difference!
4. The food contains unnecessary supplements.
5. It contains food your dog doesn't need - many pre-made foods contain things your dog doesn't need (they don't say this on the label though, do they!)
6. You cannot be assured of the processing procedures used
7. It is far cheaper to go down to your local butcher or supermarket and get your supplies
8. You know exactly what goes into your dog's food when you get it yourself
9. When you get your dog's meals ready yourself, you can make adjustments yourself
10. Your dog should not have a "balanced" meal everyday. It should vary. "A daily balanced diet" is great as a sales pitch for pet food companies, but does nothing

for the health of your dog.



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Response to Graham Peck's article

Graham Peck says.....

BARF - a potentially dangerous dietary fad or nutritional revolution for your dog? As always we attempt to strip away the froth of hype and reveal the "bare bones" of fact to allow you to make an informed choice

A peculiar acronym, BARF initially meant "Born Again Raw Feeders" - used sarcastically to describe dog owners who fed their pet's raw meat. Ironically these very people annexed the term and as the BARF movement has become more mainstream the meaning has gradually moved up market to "Bones And Raw Food" through to its final incarnation as "Biologically Appropriate Raw Foods".

The origins of BARF appear to follow the 1993 publication of "Give your dog a bone" by Dr Ian Billinghurst, an Australian vet who privately published it as a guide to feeding dogs naturally. Aimed primarily at his own clients its influence spread rapidly to North America where passionate advocates of this system of feeding have widely published it on the Internet.

Jane Anderson responds.....

Glad you've taken the opportunity to discover for yourself. After all, Graham Peck has been a vet for nearly 20 years, and it's taken him this long to investigate appropriate animal diet. One would first ask, "why has it taken so long?"

However, I'm not sure a way that dogs have evolved to eat over millions of years is best described as a "fad".

Actually most people who began a raw diet, simply know it as "raw diet". "Barf" was a term most people understood to mean "bones and raw food". Unfortunately the term was hijacked and came to be associated with the myth that dogs are omnivores. Dogs are carnivores. Additionally, since the term was trademarked and commercialised, most people now refer to a raw diet, simply as "raw diet".

Actually, the origins of a raw diet began with evolution. Our dogs and cats, have evolved to eat a carnivorous diet. A raw diet is neither a fad nor a myth. It appears some like to hope it's a "fad" because they mistakenly believe it will then "go away".

What is BARF? BARF feeders objective is to avoid feeding cooked and processed food. Instead raw whole foods that mimic those eaten by the dogs' wild ancestors are advocated. These diets tend to be based on feeding raw chicken wings, necks or carcasses with bones, but also other raw meats or even fish. In addition pulped vegetables and fruits are also added to mimic the stomach contents of prey animals that would have been eaten in the past. BARF purists will exclude any commercial diets as they contain cereals and additives; believing these products are directly responsible for innumerable health problems in pet dogs.

Raw feeding advocates feed their animals according to the prey model, with which animals have evolved over millions of years to eat this way.

The diet is based on feeding dogs as close to the prey model as possible. Feeding whole carcasses such as rabbit, fish, goat, etc is an appropriate diet for a dog. Where it is not possible to feed carcasses, many opt for raw meaty bones of different varieties.

Since dogs are not omnivores, people who feed an appropriate raw diet to their dogs, do not feed pulped veggies or fruits.

Dogs tend not to eat the stomach contents of any animal because the contents are highly acidic and bitter.

They will, however, shake out the stomach contents, and eat the stomach itself - but not the content.

BARF Claimed Benefits

Advocates of this system of feeding claim numerous significant benefits: [1]

- Improved dental condition
- Decreased dog odour and better breath
- Decreased stool production
- Decreased or non-existent veterinary costs because the dogs are healthier!
- Improved stomach and bowel function
- Reduced allergy signs (itching and wheezing)
- Improved immune system
- Improved condition of jaw, neck and shoulder muscles

Actually, Mr Peck, since you have mis-quoted from my own writing, let me correct you on this, as you seem to have missed out some important benefits of a **raw diet**.

As such, let me quote directly from my website at: [Raw Feeding FAQ](#):

People who have switched their dogs to a raw diet from commercial dog foods have found the following:

- dogs who were previously un-energetic, and sluggish become completely new dogs once the raw diet feeding begins
- allergies their dogs previously had on commercial foods, disappear once they start with the raw diet
- arthritis has significantly reduced or

- Better and more controlled development of puppies.

disappeared in some dogs switched to raw

- better weight control
- no more doggy odour!
- their dogs are living longer on a raw diet than what their other dogs previously had survived on commercial dog foods
- that their bitches managed their pregnancies better
- better weight and survival figures in puppies

It is not usual that Mr Peck would not have seen this in his own practice, since he encourages the feeding of commercial dog foods.

The above are merely anecdotal claims and at present remain unsupported by any credible scientific research.

Isn't it interesting how Mr Peck needs to have "credible scientific evidence" yet promotes feeding commercial dog food which is yet to scientifically prove it comes anywhere close to be as good as an appropriate raw diet?

If Mr Peck would care to check the research done by the pet food companies, but hidden from the average consumer, he would find an incredible amount of research showing the damage caused by commercial pet foods.

Indeed Mr Peck, although you seem to know of Dr Lonsdale, it seems you haven't read his book, then you would see more information about the damage of pet foods than you ever thought existed. Even more relevant, is this research has been done by the pet food companies themselves. eg: 95% of dogs fed a commercial diet will show signs of periodontal disease by the time they are 4 years old.

Periodontal disease has a very low incidence in dogs fed an appropriate raw

diet.

BARF Concerns

A number of health issues have been raised about animals fed a BARF diet:

1. Stomach and bowel problems due to bones:

- * Choking - bones stuck in the throat
- * Obstruction - bones stuck in the gullet or small intestine
- * Perforation - sharp bone fragments that pierce the gut
- * Impaction - bony faecal material which accumulates in the large bowel

The first three of these problems are life threatening and require urgent veterinary help to cure.

Indeed Mr Peck, all 4 of these problems are life threatening and require urgent attention.

However, rather than scaremongering (and I notice you haven't noted any of the problems associated with feeding commercial dog food), you fail to include the facts. Namely that the incidence of these issues on an appropriate prey model raw diet is almost non-existent. However, feeding an inappropriate diet, whether it be on kibble (which has a considerable number of deaths each day caused by choking which you fail to mention), and or an inappropriate raw diet, will see incidents such as these. Additionally sticks, tennis balls, and rocks are main culprits for choking, obstruction, and perforations.

Cooked bones can also lead to these problems.

2. Infection problems

Potentially pathogenic bacteria commonly associated with raw meat such as Salmonella or E. coli can cause serious infections. Even if a case is made that dogs can tolerate bacteria-rich food there are equally important concerns for the owners and their family. Unless scrupulous hygiene measures are maintained for the storage and preparation of these raw meats there are real risks of infection.

The reason why there is such focus made on bacteria, is because it helps the dog food companies sell their product by scaring off consumers.

In my vast experience with feeding a raw diet, and those of the many tens of thousands of contacts who are also feeding a raw diet, we are yet to see a case of e-coli or salmonella poisoning on an appropriate raw diet.

However, if you have a dog who has a compromised immune system due to being fed a commercial diet for years, then your dog may have problems with rotten meat.

However, advocates of an appropriate raw diet, recommend you feed your dog good quality carcasses/raw meaty bones.

"Scrupulous hygiene measures" is another scare tactic, often used by those trying to sell anti-bacterial products, which are now being associated with the creation of "super-bacteria".

While hygiene is important, the fanatical position of Mr Peck is purely trollop.

The only cases I have heard of, of dogs suffering from salmonella and e-coli poisoning, have been in dogs on commercial diets.

3. Dietary Imbalance

Owners who formulate their own BARF diet may fail to provide a balanced diet for their dog giving rise to significant health problems. Despite the fact the purists would argue a properly prepared BARF diet will be balanced, many BARF feeders do supplement the diet with either dog food or add a mineral and vitamin supplement.

The "balanced diet" position is another myth promoted by dog food companies and their puppet vets who use it to try and scare consumers that they couldn't possibly be smart enough to feed their dogs appropriately.

Now consumers are becoming increasingly aware that feeding dogs is easy, and when based on the prey model is far simpler than vet puppets and pet food companies would like to have us believe.

It's a shame that vets like Mr Peck seem to prefer their clients feed their dogs the poison that comes from commercial pet foods, than spend 20 minutes teaching clients appropriate ways to feed their dogs.

Unfortunately, the myth of needing to feed vitamins and supplements continues, but increasingly, pet food owners are realising that it is large pharmaceutical companies that benefit most from the feeding of vitamins to our dogs, and our dogs receive no benefit.

Indeed a schism seems to be developing over this issue with vet Dr Lonsdale recommending the avoidance of supplements as they "create imbalance". However Dr Billingham advocates a growing number of supplements for use with his BARF preparations that not only balance the diet but "cleans the digestive tract". Also advising that, "Vitamins and minerals at optimum levels promote growth, health, stamina, reproductive ability, disease resistance, detoxification and longevity".

There are indeed differences of opinion as to an appropriate raw diet. Dr Lonsdale's research comes from the position that correctly, dogs are carnivores. Mr Billingham's is based on the incorrect position that dogs are omnivores. This is the same position as the dog food companies, so it is natural to see such division.

Problems with Feeding BARF Diets

Costs will probably be the same as the better quality commercial diets, possibly more if you are buying the commercially available BARF diets rather than preparing it yourself.

BARF diet is inconvenient. It requires a significant amount of time to prepare the food. Each day handling large amounts of raw meat, pulverising vegetables and preparing meal sized portions.

As a matter of fact, almost everyone who feeds an appropriate raw diet, can do so at a considerably cheaper price than commercial dog foods. Additionally, because their dogs do not have the illnesses caused from feeding commercial dog foods, their owners are not wasting their money with unnecessary vet visits.

Well we're sorry you believe an appropriate raw diet is inconvenient. Personally, I'd much rather spend the 5 mins a day feeding my dozen dogs and cats, than I would spending the 20 mins a day cleaning up the enormous smelly stools of dogs fed a commercial diet. Of course, I don't have to spend the time washing the horrible "doggy smell" from my dogs, because unlike the commercially fed dogs, my dogs don't have this smell.

Additionally, there is not "large amounts" of raw meat to handle, and since dogs are carnivores, there is no need to pulverise vegetables (unless of course you use this as a calming mechanism after reading trollop written by vets).

There is little, if any, preparation required for an appropriate raw diet for dogs. Clearly it seems, Mr Peck, you would

prefer to continue to promulgate myths in the hope of scaring people off.

Whether buying commercially prepared BARF or preparing your own you'll need to buy a dedicated freezer to store the food. Obviously then, the food requires defrosting prior to use.

Why do you need a separate freezer?
Many who feed just one or two pets easily store the food in their own freezer. Those who do have a separate freezer tend to do so because they have multiple pets and buy in bulk.

And yes, defrosting is hard isn't it! But again, Mr Peck, why are you making this seem vastly more difficult, when it simply isn't?

Let me state my position up front, I'm not an advocate of BARF diets. Yes I acknowledge that some commercial pet foods use poor quality ingredients, contain large amounts of fillers such as cereals and significant amounts of preservatives to extend shelf-life. But anybody who really believes that a manufacturer can provide 50kg of dog food for £10.00 and isn't cutting corners has led a very sheltered life. As with most things you get what you pay for.

Well duh! As such, you are unable to write an objective report. Please tell me of one commercial pet food that doesn't use inappropriate ingredients! Name just one! You can't, because they all use inappropriate food for dogs.

Oh, and where I live, it costs just as much for good vet advice, as it does for poor vet advice.

And actually, most people who feed their dogs an appropriate raw diet, can get 50kg of great food for less than what you've mentioned for cheap and crappy commercial food.

At the end of the day most vets are happy to recommend the better quality diets to owners. Huge sums of money have gone into understanding the nutritional requirements of all ages and breeds of dogs. More importantly scientific research has also provided us with prescription diets specially formulated to help address various medical problems such as kidney failure. The contribution of these diets in managing many serious medical conditions cannot be overstated.

Yes, well as long as vets receive commissions and kickbacks from pet food companies, and in addition, receive the financial benefits of having to treat unnecessarily ill animals, their practices, using their standard way of operating, rely on commercial pet food to survive. After all, if you spend all your time in treatment of sick animals, rather than educating owners about how to stop their dogs from getting sick, then it's unsurprising that vet profits will fall when dogs are fed an appropriate raw diet.

And yes, huge sums of money have gone into research for pet food companies. After all, they are taking poison and waste and trying to change it into something they can sell, while hiding the side effects.

And as for your statement as to how they have "managed" health problems - unfortunately you and they receive no pat on the back for firstly causing those problems. In addition, there is an increasing amount of evidence that those so called "prescription" dog foods are not fixing the problem at all.

Heck, why not stop our dogs from getting obese, and getting kidney disease first! Let's remove the cause, otherwise, all we will do is continue to try and alleviate symptoms.

However, both you, Mr Peck, and I, as well as most consumers, recognise that both pet food companies and pharmaceutical companies make a lot of money out of making our pets sick firstly.

One would acknowledge that the presence of bones in the diet can help reduce dental problems. However there is nothing new here. Vets and dog food manufacturers have been long aware of this aspect of healthcare. For dogs that are prone to tartar build up and periodontal disease specially formulated foods to help minimise this are available. Vets have also been advocating dental hygiene measures with teeth brushing and the use of appropriate chews for years.

When dogs are fed an appropriate raw diet, dental problems are a rarity. Unfortunately, as stated earlier, when 95% of dogs on a commercial diet will suffer from periodontal disease caused by their diet, it's of no surprise that the pet food companies have seen an additional niche, accidentally created by them, to yet again sell more products.

Brushing dogs teeth is no replication for an appropriate raw diet, and can cause its own set of issues, and dog "chews" have never been found to reduce periodontal diseases in dogs.

Wouldn't it just be simpler to recommend an appropriate raw diet? Or would this mean you'd lose a heck of a lot of

	business?
<p>Would one advocate a BARF diet? Well no on balance. However I believe in informed choice. If the idea appeals to you, your dog enjoys it and you are prepared to tolerate the inconvenience and potential health risks of handling and freezing large amounts of raw meat then go for it.</p>	<p>Why would you recommend a raw diet when the outcomes of such would fundamentally change your practice and your approach, and more scarily, force you to admit you'd be recommending the very cause of many of your patients' health problems. Think of all those people who have trusted you for so long!</p> <p>Think of all those people who have turned to the internet to educate themselves, and finally figured out the reason for their pets' ailments was through a medium recommended by the very person they thought they could trust!</p> <p>Pet owners are now realising the scare tactics of vets like Mr Peck are to the detriment to their pets, and would rather the so called inconvenience of a raw diet, than having their pets be sick and die an early death on an inappropriate diet.</p>
<p>The dog owner who feels that feeding a BARF diet might provide health benefits beyond those currently achieved with quality commercial diets and modern day pet health care, will doubtless welcome the opportunity.</p>	<p>Yes, dog, cat, rabbit, ferret, chicken, and every other type of pet owner, is now finding out that the commercial pet foods are nowhere near as good as what a natural diet is.</p>
<p>As with so many areas of pet and indeed human health care the various camps appear to be polarising into the naturalistic / holistic and evidence based feeding cliques. Unfortunately the large body of testimonials and anecdotal evidence is not compelling from a scientific point of view. The mish-mash of dietary recommendations, suggested supplementation and woolly, if not miraculous, health claims give little confidence in the hyperbole of the more</p>	<p>Keep up your research Mr Peck, and one day, we look forward to you showing us the completely non-existent research detailing how commercial pet food comes within a bull's roar of being as good as an appropriate raw diet.</p>

strident advocates.

What the large body of testimonials may do is highlight areas worthy of further investigation using rigorous scientific trials. Until however significant scientific evidence is forthcoming from such trials then most veterinary surgeons will be unlikely to endorse the use of these diets.

Isn't it strange that Mr Peck still hasn't been able to see research indicating that his beloved commercial foods are as good as an appropriate raw diet, yet still can't see beyond them?

For the open-minded owner who wants the best for their pet I can only recommend that you make an informed choice, though achieving that can be a challenge. Entering "BARF diet" into one of the search engines produced over 3,000 links, the majority of which can only be described as a mixture of BARF fundamentalism and rampant misinformation.

I'm glad you are recommend people make their own choice, because as so clearly seen from your article, they are not going to get it from you.

And yes, there is lots of mis-information on the internet, some of which is indeed written by vets.

Most owners I suspect and hope will be happy to continue to use the convenient quality diets that along with improved healthcare have given our pet dogs a quality and length of life that would have been undreamed of 50 years ago.

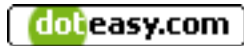
Actually, I'd suggest that if you told pet owners the side effects of feeding commercial pet foods, I'm sure they would not feed it. The healthcare has improved, however, it has been driven by the illnesses created by pet foods themselves. Frankly, I wish research money was spent in ways which led to overall improvement in dog health, rather than by artificially created disorders.

And research has actually shown us, that since the introduction of pet foods, illnesses have dramatically increased, and dog life span is somewhat shorter!

But heck, who wants the inconvenience of healthy long living dogs!

To go to the raw learning website, click [here](#).

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A Layperson's Guide to Learning about Raw Feeding

by Jane M. Anderson.

Some starting questions to identify our current position

- How did we get to this point? How did we get to a point in our society where we fundamentally change what an animal is supposed to eat, and replace it with a very poor substitute, charge more money, and even get our vets to sell it?
- How did we get to a point where we make our dogs and cats eat an offensive product, which then proceeds to make it sick, or fat, or worse, and then look at feeding it another source of offensive product to try and fix that problem.
- How did we get to a point where so called "prescription" pet foods, don't fix the problem their counterparts caused, and cost a bucket load of money?
- How did we get to a point where our universities are not providing their students with the best education, but rather information from a company selling a product, and then providing funding or kickbacks to the university?

Pet food was first created to provide an avenue to sell waste product from the human food chain. Straight from the start, the advertisers became involved, and without any evidence, claimed the products were wonderful for the animals.

The truth, however, is far from that.

There is not one single piece of evidence proving commercial pet foods have ever come close to meeting the nutritional needs of dogs, cats, or any other animal.

Yet within our society, we have allowed our vets, our universities, our legislators to allow a completely inappropriate product to be provided to our animals. Now, it is time for each and every one of us to become better educated to understand commercial pet foods are entirely inappropriate for our dogs and cats.

There is no such thing as a "natural" kibble. There is no such thing as a "holistic" kibble. There is no such thing as a "premium" or "quality" kibble. All are inappropriate for your dog. None come even close to being a worthy substitute for an appropriate raw diet for your animal.

If you are a current animal owner, or an intending animal owner and you want to learn more, please join the [raw feeding email list](#).

Don't sit back any longer and let your vet try and sell you a product which is not good for your dog or cat. Do not allow a person with supposed "expert" knowledge who has not taken the time and energy to learn for themselves about appropriate canine nutrition, to sell you an offensive product like commercial pet foods.

For the most part, many vets don't mean to get it wrong. You don't have to be angry with them. Merely forgive them for their lack of knowledge, and go and find a better educated vet, or at least one who encourages you to follow your own learning path. My vet, while being a technical expert, doesn't recommend a raw diet to the majority of his patients, but 100% supports my choices.

Feel free to [email me](#).

This site last updated 6th June, 2003

The Hidden Link between Vets, Universities, and Pet Food Companies

by Jane M. Anderson.

The medical profession is awash with sponsorships, kickbacks, and promotions provided by the drug companies. There is an increasing concern by a small number of doctors today regarding inappropriate behaviour by doctors receiving such. Click [here](#) to find out more about the moves underway to get independent medical advice being a priority of doctors.

Within the veterinarian profession, it is even worse. Many universities, and many vets receive a plethora of "advice" and funding, from both the drug companies, and the pet food companies.

Here's a sample:

- The American Veterinary Medical Association (AVMA) main two sponsors are Bayer (Drug company), and Hill's (pet food company). In fact, both sponsors contribute significantly to the annual junket, I mean, conference.
- The Australian Veterinary Association hides its main sponsor behind the name of "Masterfoods". This is of course, Uncle Bens, which is a dog food company.

As far as we know, there has been no research done to determine the exact correlation between influence by sales reps and what vets then recommend. However, this has been done in the medical profession.

In the website [No Free Lunch](#) set up by doctors to show the influence of drug companies on doctors, there is substantial evidence revealing the links. Let's quote from the site:

- In a study by Avorn, et al (1982), forty-six per-cent of physicians reported that drug reps are moderately to very important in influencing their prescribing habits
- In a study by Lurie, et al (1990), one-third of medical residents reported that they change their practice based on information provided by drug reps
- In a study by Steinman, et al (2000), 61% of medical residents stated that industry promotions did not influence their own prescribing, but only 16% believed other physicians to be similarly uninfluenced
- A study by Chew, et al (2000) , found that in the treatment of hypertension, over 90% of physicians would dispense a sample that differed from their preferred drug choice.

See even more disturbing information, and the links to the scientific journals in which these were published, by clicking [here](#).

At this point, our contact with vets, who appear very upset by any questions regarding association between themselves and drug and pet food companies, deny any link whatsoever. A vet recently contacted me stating, "it's better to get free stuff than having to buy it ourselves. Why shouldn't we get it for free." The same vet went on to claim the pet food companies only gave them things to be nice, and not to influence any decision making.

Have a look around your local vet clinic. You will find all posters with a drug or food company stamp on them. All stationary will have been provided by a drug or pet food company. Even the software some vets use is provided by pet and drug companies.

There is little, if any, part of a vet's professional life, and their surgery set up, that is not influenced by a pet or drug food company.

If you have a vet surgery which does not have one poster, stationery, pamphlet, fridge magnet, etc, provided by a pet food or drug company, we'd like to be able to pass your details onto the general public. Please [email us](#). We'd love to hear from you.

In a 4-5 year university degree, students receive, on average, less than 8 hours education on canine nutrition. Additionally, universities have been well known for using pet food company sales reps to present to their students the lectures on nutrition. The pet food companies influence in a variety of ways including:

- providing so called "nutritionists" to universities
- support the pre-vet groups financially
- provide scholarships and awards
- provide posters with sponsor logos
- put on additional "education" sessions
- hold fun events like bbq's and parties
- give free pet food to students
- free t-shirts

The whole idea is to make the product name in the forefront of the student's thinking.

There is hope!

With the onset of the internet, more and more people are becoming aware of the options available for feeding their pets. This is particularly an issue in the US, where pet food companies have been so influential. In other countries, where there is more independence of thought in the general community, the issue still remains large.

Our own research has shown it is now the vet school students who are starting to object to the influence of pet food companies in increasing numbers.

Unfortunately, their lecturers are still resisting the change. One university lecturer claimed to me that their university got in "trained nutritionists", not sales reps. It turns out, of course, the nutritionists were either naive to appropriate raw diets, and/or had been trained by the pet food companies themselves.

However, it is the young vets and students who are causing a wave of further investigation.

There are also an increasing number of vets who are seeking to further their knowledge. Vets are starting to realise, the very food they sell at their vet surgeries may be linked to a number of health problems in the very dogs they are treating!

There is no doubt, these findings are very difficult for many vets to come to terms with. In fact, there are vets who will go into denial, and will vehemently deny that the foods are anything but wonderful. This, of course, is their prerogative. It is therefore, not surprising, that there are lawsuits in the wings about to be launched against vets and pet food companies regarding the pet food they market.

For vets needing more information about appropriate raw diets, there has even been an email list established. Please click [here](#), to join.

This email list is run by independent people, not associated in any means or form with any pet food company, or drug company, and run the list as a free service with absolutely no kick backs whatsoever, as a community service to aim for healthier pets.

There is no excuse for vets not getting themselves better educated.

Where to from here?

Click [here](#) to go back to the main page.

Feel free to [email me](#).

Breeding Dogs and Cats, and Feeding a Raw Diet

by

[Jane Anderson](#)

of

[Bluegrace Portuguese Water Dogs](#)

(please note: the information contained in this page and on this site is copyrighted to Jane Anderson, and must not be replicated without permission, although, please feel free to link from your own site.)

I have raised several litters of dogs on a raw diet. In fact, it is the only way I have raised puppies.

There are some facts and myths about raising litters on a raw diet, and I will attempt to dispell some of these.

Myths	Facts
Modern dogs need to eat a commercial dog diet.	In order for pet food companies and most vets to stay in business, dogs need to eat a commercial dog diet. The truth is that dogs have evolved to eat a natural carnivorous diet.
It is not safe for bitches in whelp to eat raw meat.	Actually it is very safe to feed your dogs an appropriate raw diet. It is more dangerous to try and maintain the health of your bitch by feeding her an artificially created diet invariably resulting in obesity, malnutrition, allergies, and disease.

Bitches in whelp need to eat "puppy food" to prepare for their litter.

No, bitches in whelp need to eat an appropriate raw diet which contains all the nutrients they need to minimise birthing problems, maintain good puppy weight, and keep the bitch in good condition.

Bitches should be given calcium supplements.

Calcium supplements are akin to engaging trouble. Artificially provided calcium can bind with other minerals making both unusable. Sometimes the bitches will absorb too much calcium artificially, which interferes with their own ability to manage calcium naturally leading to all sorts of problems, sometimes resulting in death.

Calcium is best provided naturally via raw meaty bones of different varieties, or whole raw carcasses (such as rabbit, fish, and chicken).

Most breeders raise their dogs on commercial pet diets.

Around the world, most people raise their dogs on a natural raw diet. Unfortunately artificial dog foods with their slick salesmen and puppet vets, particularly in north America and parts of Europe have led to a number of people using a commercial diet, to the detriment of the dogs and their puppies.

But the best breeders use commercial dog foods.

No, poorly educated breeders use commercial dog foods. With the advent of the internet and huge growth of such over the last 5 years, many breeders are discovering they have been considerably misled by both the pet food companies and their vets.

An increasing number of breeders around the world are discovering considerable improvements in their breeding programs when moving to a raw diet.

Puppies shouldn't eat bones.

Bones are an essential part of the diet in puppies. The very physical act of chewing and ripping, develops a better digestive system, and muscular system, as well as providing the essential nutrients required by the puppy.

Salmonella and e-coli are on raw meat and are a huge risk to puppies.

Salmonella and e-coli as well as many other nasty bacteria can be found in commercial dog food, in addition to fungal growths. Additionally, a dog on a raw diet, has the best platform upon which to base their health, and to manage normal levels of bacteria. Attempts to provide a sterile environment for pups only serves to lead to an unchallenged immune system and leads to the proliferation of "super-bacteria".

My vet is very well educated in dog diet and he/she recommends a good kibble.

Unfortunately, vets, on average, receive less than 3 hours formal training in canine nutrition during their university degrees. They are wined and dined, and receive numerous monetary opportunities from pet food companies, from the moment they join the university, right through their career. At some universities, the "formal" lectures on canine nutrition are actually conducted by the pet food sales reps.

The main reason vets are now reviewing raw foods as an option is because of the push from the owners of many of the very sick pets they see every day. Invariably, these pets' conditions are a direct result of feeding commercial dog foods.

Feeding puppies is very difficult, and impossible to get the balance right on a raw diet.

Feeding puppies a raw diet is very easy. Unfortunately many pet owners have succumbed to the belief that they are "too dumb" to feed their pets correctly. Whether you are feeding a puppy or an adult dog, they simply require plenty of raw meaty bones or raw carcasses, some meat and offal, and some eggs. The only allowances you will need to make is the younger pups will require their bones to be ground up or broken up, but by 7 weeks of age, they can manage some whole raw bones by themselves.

Unfortunately, many breeders have been misled and lied to by their vets and the pet food companies. They see increasing numbers of problems at birth, malnourished puppies, and small litters. Some breeders have seen this so often, they have strangely accepted it as "normal", not realising the cause of their heartbreak. Many breeders today, can't even recognise that many of their "rolly-polly" fat puppies are actually malnourished. They have never seen what a truly healthy puppy looks like. And of course, all their mis-information is then passed on to new puppy people.

And as for pet stores, I have not ever seen one single healthy looking puppy in a pet store window!

As a prime example, many puppies are leaving a breeders house with periodontal disease, amongst other problems, already establishing themselves. The breeder will vehemently deny it. The vet won't have a clue either. And the new puppy person won't know either.

However, things are a changing! There is a growing number of people who are demanding their next pup is raw raised, so we have even established an [email list](#) to link raw breeders with people who want a raw raised puppy.

Puppy Buyers Beware

Why would you buy a pup like this, when for exactly the same price, you can buy yourself a pup who has been raised on an appropriate raw diet?

If you are looking for a raw raised puppy, and can't find yourself a breeder in your area, [email me](#), and at no cost to you, I will endeavour to help you locate a breeder who understands appropriate canine nutrition.

How I raise my puppies

All of my bitches and stud dogs are fed a raw diet. The diet is the same for both males and females. They get a selection each week of raw meaty bones - chicken, pork, beef, lamb, kangaroo; and [raw whole fish](#). In addition, they get beef liver and eggs.

I allow a bitch in whelp to eat as much as she likes. She also must be kept physically in shape with appropriate levels of exercise each day. Naturally, the exercise gets less as she nears her whelping date. Her meals tend to get smaller, but more frequent during the last few days, and I tend to feed more raw liver and heart. As she whelps the puppies, I allow her to eat each placenta. This is essential step. If I've had to get a c-section done, I take the placentas home and give them to the bitch later to eat.

Average litter size is 10, and the bitches invariably manage to feed all 10 without supplementation, although I do keep a careful eye on the puppies. If I notice a problem, I will supplement the larger puppies with puppy formula, and keep them away from their mother, and allow the smaller puppies to feed well off their mothers. This system has worked very well for us, with no puppy losses.

Puppies are introduced to raw food from approximately 3.5 weeks of age, depending on how they are doing. I buy ground meaty bones from my butcher. Into that I mix a small amount of goat's milk, some water, eggs, and perhaps a small amount of fish and/or liver. I only feed a small amount of goat's milk, with no more provided after the age of 6 weeks. I will try and mix in 1 egg a day, which is then fed in the mix to all 10 puppies.

Pups are introduced to raw meaty bones from 4 weeks of age. They are invariably excited by the bones, and suck terrifically on them, but they don't eat the bones. I allow their mother to clean up what is left. By 7 weeks of age, the puppies are managing chicken necks fairly well. They are fed whole raw sardines 2-3 times weekly by this stage. I eliminate all ground food by 8 weeks of age.

If people pick up their puppy from me directly, I provide them with at least a week's supply of food, sometimes more, depending on their freezer space.

The puppies eat exactly the same as the adult dogs, but in smaller quantities, and in manageable sizes. Pups as they grow must have plenty of raw bones to eat. This is a critical part of their development.

And, with my dogs, puppies are only placed in homes which commit to feeding a raw diet.

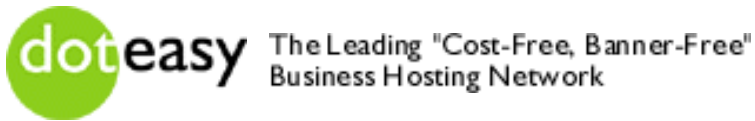
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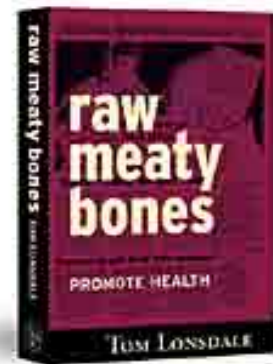
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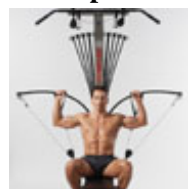
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Carnivore feed suppliers provides a list of what they have to offer people who feed their carnivores a natural raw diet. Pet owners list their needs.

This is a fully moderated list.

This is not a list designed to discuss raw diets. For more generalised information about the raw diet, please go to the general [raw feeding](#) email list.

Disclaimer: All messages posted to this list are solely the responsibility of the individuals who post them.

This list does not provide warranty of any kind on products offered by suppliers.

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Members: **1827**
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 Language: **English**

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RING DESCRIPTION:

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- There are 0 active members in this [Ring](#)
- 0 prospective member is waiting for Approval in the Queue
- View the [Stats](#) for ring
- This ring was started

Member sites of the
Displaying from 1 to 0 of 0 :

Hit counters started November 27, 2003.

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20 MB Web Storage	10 MB Email Storage Per Account
1000 MB Monthly Transfer	CGI / Perl / SSI
Domain Forwarding	PHP / MySQL
10 POP/Web Email Accounts	FrontPage Extensions
Webmail Access	E-commerce Ready
Email Forwarding, Autoresponder	Email Forwarding, Autoresponders
Plug-in Tools: Hitcounter, Email-Form...	Sub-domains, Website Statistics...
Free Tech Support	Only \$7.95/month* (reg \$9.95/mo)
24/7 Network Monitoring	See Demo Plan Details >>

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Portuguese Water Dogs

at

Bluegrace

Friendly, classy, sensitive, energetic at times, caring

.... just like a life partner should be.

If you would like to talk to us about our puppies, now available, please email

us.



General Info

About us



Feedback - what our puppy people have reported

Our dogs - all our show dogs featured, with lots of pics (this is our most popular page!)

Puppy Temperament - finding the right puppy for you

Puppy Information Pack - specifically for people getting one of our pups

General info

Correctly Feeding your PWD

Puppy Pictures

Info pack for kids getting a Bluegrace PWD

Pictures

The PWD in Australia

Event Schedule - free seminars at Bluegrace

Show pics

Contact Us

Our new search facility!

Feel like learning some more?

We encourage further learning by browsing our other pages:

- Lots of pics
- PWD General Info, including temperament, grooming, etc
- Learn how to show your dog
- Improve your dog's health and condition, simply by feeding it better!
- Learn to breed a healthy dog, and learn how to find a healthy dog.
- Our site map, or how to get lost quickly on our website!


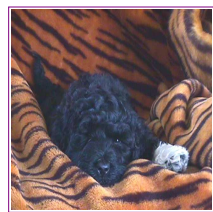
s

- Search our site
- Contact us.

Late News: Contact Sally at "[Karlyermai Kennels](#)
for details of available puppies.

Bluegrace puppies are expected later this year.
If you'd like to talk more about available
puppies, please click [click here](#).

[Click here](#) to email us. This site last updated 1
June, 2004

 <p>RAW FOOD IS BEST!</p>	<p>[Previous 5 Sites Skip Previous Previous Next]</p> <p>This RingSurf Raw Feeding - for cats and dogs Net Ring owned by Bluegrace Portuguese Water Dogs.</p> <p>[Skip Next Next 5 Sites Random Site List Sites]</p>	<h2>Water Dogs!</h2> 	<p>[Previous 5 Sites Skip Previous Previous Next]</p> <p>This RingSurf Portuguese Water Dogs Net Ring owned by Bluegrace Portuguese Water Dogs.</p> <p>[Skip Next Next 5 Sites Random Site List Sites]</p>
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rawfeeding · Raw Feeding for dogs and cats!

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Members Only

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- Chat
- Files
- Photos
- Links
- Database
- Polls
- Calendar
- Promote

([Already receiving group email?](#))

Description

Category: [Diet and Nutrition](#)



image by [Shawn Carney](#)

Let's feed raw now!

There's an awesome amount of knowledge out there about how to successfully feed a raw diet. There are also some wonderful people who give up hour after hour of their time for free to assist people.

This list will give you access to an amazing amount of knowledge from people who own just one dog, to those who feed a raw diet to in excess of

30 dogs. There are people on this list with pet dogs (of all breeds), the tiniest dogs, to the largest! We also have a huge number of people with top show dogs, through to racing dog (professional greyhounds), lure coursing dogs, working dogs, and dogs who provide special assistance to people. Whatever your type of dog, there is sure to be someone here just like yourself.

The good news is you don't have to be a genius to work out how to feed a raw diet. You will need to do a bit of reading, and learn new ways of doing things, but in the general health of your dog or cat, it should well be worth it.

I hope you get as much fun out of being on the list as is possible. We will try to keep on topic though!

Please help us to maintain a friendly list environment, creating a free learning community of like minded people.

Most Recent Messages

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
2004	3014	3155	3514	2629	1644							
2003	2824	1732	1647	1609	1693	1641	1603	2300	2671	4174	2514	2177
2002							636	2104	1081	1489	1311	1541

Group Email Addresses

For more information: <http://www.rawlearning.com>

Post message: rawfeeding@yahoogroups.com

Subscribe: rawfeeding-subscribe@yahoogroups.com

Unsubscribe: rawfeeding-unsubscribe@yahoogroups.com

List owner: rawfeeding-owner@yahoogroups.com

Group Info

Members: **2756**

Founded: **Jul 16, 2002**

Language: **English**

Group Settings

- Listed in directory
- Restricted membership
- Posts from new members require approval
- All members may post
- Archives for members only
- Email attachments are not permitted

Yahoo! Sponsored Links

[The South Beach Diet \(Official Site\)](#): The healthy way to a carb-smart diet - lose weight while eating the right foods. Get started on your personalized plan today.

www.southbeachdiet.com

[eDiets - Your Diet, Your Way](#): Let eDiets create a diet and fitness plan customized just for you. Get started today with a free profile and newsletter. Get nutrition information and more.

www.ediets.com

[DietDivas Quick Weight Loss Program](#): Lose two to five pounds each week using real food. No pills or prepackaged meals. Personal counselors will help you reach your goal. Free newsletter. Join today - start today.

www.dietdivas.com

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Natural Diet

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About this Ring



This webring is for breeders & pet owners feeding dogs and/or cats a raw, or homecooked natural diet. Sites should feature some information on the diet you use. No puppy/kitten mills or purely commercial sites allowed.

Ring Stats

- Created 02/28/1999
- 26 active site(s)
- 19 page views today
- 5017 total page views
- [details](#)

Sites in Ring - Navigation Rating: 100 [what's this?](#),
Uniqueness Rating: 32 [what's this?](#)

Sites
1 - 20
of 26

[Next 6 >](#)

[Sonia's Gang](#)

2 Tenterfield Terriers, 2 Salukis, an Australian Kelpie and a JRT.

[B.A.R.F.](#)

Information about feeding the B.A.R.F. diet.

[Esmond Rottweilers](#)

Home to Mike Jackman and Ann Felske-Jackman, Esmond Rottweilers truly do it all! We are proud to have bred and/or owned American/Canadian Champions, Sieger/Siegerins, Best in Show and Best in Specialty Show Winners, Advanced Obedience, Tracking and Agility Dogs, High in Trial and Dog World Award Winners and Schutzhund competitors. Members ARC/RCC/MRC/USRC. OFA/CERF compliant.

[Sleek Bull Terriers](#)

Breeding and exhibiting Bull Terriers in New Zealand.

[Conquerer Registered Golden Retrievers](#)

Golden Retriever's of English Style. Active in the sports of conformation & obedience. Our website is a showcase of our dogs, and future plans!

[Keldapark Kelpies & Pet Products - GC Animal Actors](#)

Home of Max the Kelpie from Beastmaster. Promoting the Australian Kelpie in Obedience, Agility and the Australian Television and Film industry, and soon in the Three Sheep arena. Also promoting various other Animal Actors. Providing a range of Australian health products and accessories for your pet including all natural foods, supplements and herbal medications.

[Chateau du Chien](#)

Nutrition: The Truth About Cats and Dogs, and What They Should Really be

Eating! The basics of what goes into commercial pet foods, and an introduction to natural feeding.

[Timberline Golden Retrievers](#)

Timberline Golden Retrievers is located in the heart of Oregon. Our primary objectives are to produce healthy Golden Retrievers with sound temperament, working ability, and proper conformation. We have owned or have bred dogs with conformation, obedience, agility, and GRCA titles, and most importantly, some working service dogs and foundation stock for a service dog organization.

[Lepus Reg'd Natural Reared Whippets & Borzoi](#)

Sound, functional, home-raised and natural reared whippets (1976) & Borzoi (1988). Outstanding temperaments and body type. Multi-talented dogs! We test for genetic clearances.

[Mega Nutrition](#)

One of the largest nutritional supplements, diet and weight loss, body building, vitamins and sports nutrition sites on the Internet, with hundreds of deeply discounted products at savings of 30%-75% off of retail.

[Newcastle Boxers: Mind, Body, Spirit - Naturally](#)

Newcastle strives to produce quality dogs that possess good health, longevity & proper, stable temperaments. We take a holistic approach & endeavor to provide our dogs with every chance to achieve optimal health. This includes a raw diet, minimal toxins, clean water, fresh air, sunshine, & kindness. We believe that these influence our dogs' state of health fully as much as their genetics.

[Red Brick...Bulldog Clothing, Gifts, and Collectib](#)

Red Brick...Bulldog Clothing, Gifts, and Collectibles. Unique, original, and useful Bulldog merchandise. Secure shopping on-line, too.

[Border Terriers & Cats](#)

Meet my Border Terriers Spike, Kyra and Penny & the cats Smokey and Bandit. Information about Spike's Disease, a cramping condition a Border Terrier may suffer from.

[Kimdale Persian & Devon Rex](#)

Breeder of curly Devon Rex and fluffy Persian kittens.

[Esme Pomeranians](#)

I am a exhibitor of Pomeranians in conformation, obedience, and agility. I also use clicker training (or operant conditioning) and feed an all natural raw diet. I am always willing to talk Poms!

[Truman's Treats](#)

"Truman's Treats" is an all-natural organic homemade doggie treat company providing healthy supplementatation for your pet. We also cater to the owner: doggie toys, doggie gifts, doggie accessories, etc. 25% of all profits benefit

our "own" local rescue efforts. Through your continued generosity and endless interest in our products - we can successfully "save" animals. Please help us help them ...

 [Diamond Paws](#)

We are breeders of Staffordshire Bull Terriers.

 [Sandustin Manchesters](#)

Describes the dogs I have bred or owned and their accomplishments. Discusses natural rearing and raw diets and provides links for more information.

 [K9 Pedigree Directory](#)

A free webpage to enter your dogs Pedigree, Photo, Addresses, Wins, and more to be seen Worldwide.

 [TILCHA LOWCHENS K-9 CARE DOWNUNDER](#)

Home of the first Lowchens in Australia! Canine care at a deeper level. Your opportunity to experience and understand more about your pet.

[Next 6 >](#)

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Yahoo! Groups

There is no group called **rawfeeders**.

The Reality of Breeding Dogs

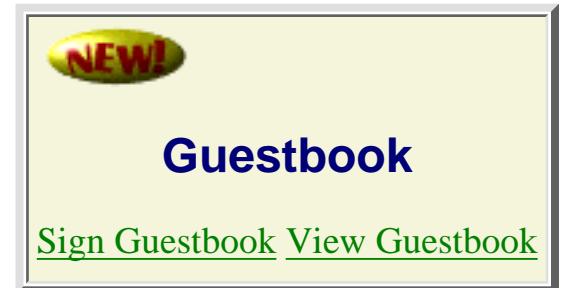
by [Jane Johnson](#)

with the help of lots of other people.

This site is one of many on the web that people should visit prior to breeding their dogs.

Click on the links below to start your learning:

- [Site objectives](#)
- [A checklist](#) for breeding
- [Questionnaire](#) - don't even think about breeding before you can answer these questions
- [Books you MUST read now](#)
- [Experiences](#) - what you should learn, who you should learn from, and how long it should take - before you breed
- [Virtual Breeding](#) - Learn about some of the decisions needed to be made when breeding
- [Costs](#) - how much it costs to raise a litter
- [True stories](#) - some breeding experiences
- [Breeding FAQ](#) - frequently asked questions
- [Email Lists](#) - you should join now
- [Breeding Realities](#) - some of the things you won't want to read
- [Hip Ratings](#)
- [Line Breeding](#)
- [A tongue in cheek account for those who think breeding dogs is akin to the miracle of life.](#)
- [Items](#) recommended for whelping.
- [Spaying](#) your bitch
- [Neutering](#) your dog
- [Click here to visit Jane's dogs](#)



Out of Scope:

It is not the objective of this site to answer all your questions. This site should just be one resource you could use. I strongly recommend that you look at other resources, including other web sites, read [books](#), read breed specific dog magazines, speak to your vet, and speak to experienced breeders.

What have you learned

If nothing else, after reading these pages, and you still decide that you want to take the breeding risks, at least you should be better prepared for some of the things that can go wrong.

If by reading this site, that a dog that may have died, doesn't, or one unwanted litter of pups was not produced, than something has been achieved.

Feel free to [email me](#), especially if you find any errors on this page, or if you have any ideas for how it can be made better.

This site last updated 25 March, 2002.



.... This many visitors since August 1998.

Visit a [random](#) site in the ring or the [Raw Food for Dogs and Cats](#) homepage!

The Previous 5 member sites of the [Raw Food for Dogs and Cats](#) NetRing:



-
- [My Great Dane BARF page](#)
My site is about the Great Danes I share my life with. Please visit our BARF page and learn more about how you can feed your dog the NATURAL way!
 - [Cairnage Cairns](#)
A site about my dogs and their care.
 - [Sixstar Danes](#)
Come on by and meet our show & pet Great Danes. Marvel at the large number of movie & tv star Danes. See dog art & where you can commission a logo or web image and MORE!
 - [Von Bonehenge Great Danes](#)
Harlquin and Mantle Great Danes. Our danes participate show in the conformation ring, obedience ring. Our dogs are certified therapy assistance dogs and work in several nursing homes, hospitals and schools. {;}
 - [Seri's corner](#)
information on natural health care of dogs based on experience

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Mickey & Lupi - Our Sphynx HAIRLESS Cats!

SKINCATS.COM

Welcome to Mickey and Lupi's Site!



YOU SHAVE YOUR CATS?!?!?" Oh, heavens, no! We don't need to, nor are we advocates of such behavior! The relative hairlessness of the Sphynx cat is the result of a spontaneous mutation in the gene relating to the hair. While incidents of hairless cats have been documented for over 100 years, development of the breed is said to have begun by breeders in the US; unsuccessful attempts in the 1960s were followed by incidents in the mid- to late-1970s, when outcrossing attempts using domestic shorthair cats began producing hairless kittens in the US and Canada.

Here is a summary of the pages included in our site....

[Sphynx](#) - Tired of "Breed Standard" mumbo jumbo that makes sense to few folks other than breeders and those who show cats? Want to know what our Sphynx cats are really like?

[Mickey](#) - The story of his life and triumphant battle with Feline Viral Rhinotracheitis, and his countless nicknames.

[Lupi](#) - How she joined our family because she was diagnosed (and still struggles with) FVR, as well as her numerous aliases.

[Gallery](#) - Numerous photos, drawings and animations of Mickey and Lupi, including baby photos from Mickey's first year, featuring his beautiful brother, Bucky.

[Care](#) - Our honest commentary on what a commitment to one of these wonderful cats entails, as well as recommendations and helpful suggestions.

[Allergic?](#) - How we are able to live in harmony with this breed of cat, despite our severe cat allergies. These cats may offer an option for some people who are allergic to a variety of animal danders.

[FVR](#) - Feline Viral Rhinotracheitis, also known as Feline Herpesvirus, FRV or FVR, is an upper respiratory virus that both of the kids contracted early in life - Mickey, weeks after his birth; and Lupi, at around one year old. It's sometimes deadly, nearly always quite uncomfortable, and quite often, rather unpleasant. We also share some of the ways we've tried to help Mickey and Lupi fight its symptoms.

[BARF](#) - Mickey and Lupi enjoy Bio Active Raw Food, more commonly known as Bones And Raw Food! Many chemical additives, and even toxins, are found in even "premium" processed cat foods, and we're learning how fresh, home-made food can make a big difference in Mickey and Lupi's health and wellbeing. We offer many helpful resources on the subject, and a diary of our month-long ordeal of switching "Dry Kibble ADDICT" Mickey to a raw meat diet.

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[Resources](#) - Books and online sources of information dealing with natural pet care and feeding and feline nutrition, to which we've referred numerous times as we learn all we can about caring for Mickey and Lupi in the best possible way.

[FAQ](#) - Because we've been so short of time since we moved into our new home in May, we thought it would be helpful to include a page of Frequently Asked Questions, as it is sometimes difficult for us to catch up on E-Mail immediately upon its receipt. We'll be adding more here as time permits.

[Links](#) - Web sites we've found to be interesting, informative, creative, entertaining, or otherwise worth checking out, as well as a brief comment on each site and why we've included it. You'll also find link banners to Mickey & Lupi's Page, in a variety of sizes.

Family - We've begun reconstruction of our own home page. Stay tuned.

[Cat Art Gallery](#) - Soon to be the world-renowned "**Mick's Picks**" - Although we love our cats, we respectfully refuse the description "Cat People." Other than drawings, paintings and, yes, Mom - cross stitch pictures - we've created ourselves or received from family or friends, our home is void of "Cat Pictures." However, due to his incessant nagging, and his pitiful denial of his obvious baldness, if we were to allow Mickey to hang posters in his room, these are the ones we'd have no problem hanging! You can buy them here, too!

Skincats.com last updated Tuesday, December 02, 2003

A digital counter with a green display showing the number 011572.

Visitors since September 24, 1999

This site is a member of WebRing. To browse
visit

<http://ss.webring.com/navbar?f=l&y=phaberman&u=10011551>

 <p>BARF Bones and Raw Food</p>	<p>[Previous 5 Sites] [Skip Previous] [Previous Next]</p> <p>This RingSurf Bones and Raw Food For Cats and Dogs Net Ring Site is owned by SKINCATS.COM.</p> <p>[Skip Next Next 5 Sites] [Random Site List Sites]</p>
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[[home](#)] [[sphynx](#)] [[mickey](#)] [[lupi](#)] [[gallery](#)] [[care](#)]

[[allergic?](#)] [[fvr](#)] [[barf](#)] [[resources](#)] [[faq](#)] [[links](#)]

***JESUS... Get to know Him personally today and
He'll change your life... All you need to do is ask Him!***

[NEED HIM?](#)

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skincats.com - Mickey & Lupi, our Sphynx HAIRLESS Cats!
While links are always welcome,
No images or content may be used without permission



Jomari

German Shepherds

*****Located in Palmetto, Georgia*****

HAPPY 14TH BIRTHDAY LEX!!!!



DOB 5/12/90

Members of:
THE GSDC OF AMERICA
[THE GSDC OF ATLANTA](#)
[THE GSDC OF WEST GEORGIA](#)

[Click here](#) if you would like to read our old guestbook



Welcome to Jomari Shepherds !! In the upcoming year we are looking forward to participating in the hobby of training, showing and competing with our beautiful shepherds!

Jomari Shepherds was formed in 1990 with the acquisition of our foundation bitch, *AMHERST'S CUSTOM MADE LEXUS TT OFA*. We found Lexus in 1990 and now fourteen years later we have been blessed with her kids, grandkids and her great grandkids. In 1999, we finished the championship titles on two of our dogs..... fulfilling a lifetime dream we had. We no longer actively breed but we still enjoy *dabbling* in our hobby. In 2004, we will be busy showing Lexus' great grandkids....Solo and Lady.

We thank you for visiting our website and hope that you enjoy your visit. Come back again soon as we try to update often!!



[Click here](#) to see the GSDC of Atlanta Show Proofs

Whats New? 4/10/04: ["Lady"](#) has some success at the Perry all breed shows!
[Solo](#) has his latest win photo up.

About Us

Lexus

Miata

Ch. Kid

Ch. Quila

Solo

Lady

Available

Links

Web Design

Photos

We'd love to hear from you!!

Email Us

3 1820

Free counters provided by [Andale](#).


This site was launched on August 30, 1997

This site is a member of WebRing.
To browse visit [Here](#).

 <p>Show GSDs 4 Sale web ring</p>	<p>The Show German Shepherds For Sale SiteRing</p> <p>This site owned by Jomari Shepherds</p>			
<p>< PREV</p>	<p>LIST</p>	<p>RANDOM</p>	<p>JOIN</p>	<p>NEXT ></p>

[SiteRing by Bravenet.com](#)

Our dogs are fed a 100% natural diet...consisting of raw meat and vegetables only!! We gave up commercial food over 2 years ago and have had nothing but positive results! For more information on this diet please surf the sites on the ring below!

 <p>BARF Bones and Raw Food</p>	<p>[Previous 5 Sites Skip Previous Previous Next]</p> <p>This RingSurf Bones and Raw Food - for cats and dogs Net Ring owned by Jomari Shepherds.</p> <p>[Skip Next Next 5 Sites Random Site List Sites]</p>
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This Online Kennels & Breeders Site is owned by [Jomari Shepherds](#)

[[Next Page](#) | [Previous](#) | [Next 5](#) | [Index](#) | [Random](#)]



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Visit a [random](#) site in the ring or the [Raw Food for Dogs and Cats](#) homepage!

The Next 5 member sites of the [Raw Food for Dogs and Cats](#) NetRing:



- [BARFing Boxers by Bree](#)

An abundance of BARF information, to include a BARF Message Board, Top 50 Most Frequently Asked BARF Questions Newcomers Ask, BARF Tips & Tricks, Purchase Your BARF Books, and loads of BARF links.

- [J'Stone Cairns](#)

The site is about our Cairn Terriers.

- [Kudos Akitas](#)

Kudos Akitas is a small kennel in SE Louisiana. We are constantly striving for a better Akita. We believe that an Akita must be sound in body as well in mind. Please drop by and look around. Thank you for visiting our site.

- [Pur-Plesur Australian Shepherds](#)

Breeder of Raw fed Champion Australian Shepherds. Puppies, stud, and occasionally young adults available. (OFA'd & CERF'd) Located outside Perry, GA.

- [Chartwell Scottish Deerhounds and Whippets](#)

Chartwell is the home of top performance Scottish Deerhounds and Whippets who have been fed a totally raw diet since 1997.

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[Transfer Factor for Canines & Felines](#)

[BARF FAQs](#)

[Whole Dog Journal Article on Immune Boosters and our Pets](#)

[Top 50 'BARF For Beginners - FAQs'](#)

[BARF Tips & Tricks](#)

NEW [Oma's Pride Raw Food - #1 raw food in North America](#)

[Dehydrated Holistic Dog Foods - Grain-FREE Formula Now Available!](#)

[Informational Articles](#)

[BARF Links](#)

[Community Forum](#)

[Purchase ALL Your BARF and Pet Nutrition Books at our Dog-Wise Approved Book Store](#)

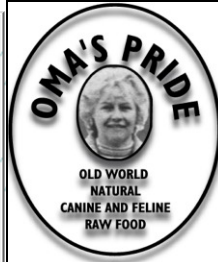
[EFA Nutrition News in PDF Format](#)

[Nutrients in Various Food Sources in PDF Format](#)

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[Join NJ-BARF Mailing List](#)

[Boxer Message Board](#)



OMA'S PRIDE

More Info



Available for shipping end of May, 2004 - Oma's Pride Raw Food Freeze-Dried Green Tripe, Chicken, Turkey, Beef and Lamb mixes, and Salmon! Oma's Pride is the #1 rated raw food by the Whole Cat Journal! These Freeze-Dried Packs are excellent for traveling, as well as storage!



The Top 50 Most Frequently Asked BARF Questions Newcomers Ask!

Disclaimer: This page is copyright protected!
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[BARF & Canine Bookstore](#)
[DogWise Affiliated!](#)

IMPORTANT: The following information serves ONLY as a guide to those who are new to feeding their pets Bones & Raw Food. Yes, COMPLETELY RAW FOOD (nothing cooked), INCLUDING RAW BONES. NEVER, EVER FEED COOKED BONES TO YOUR PET because cooked bones WILL splinter and cause severe internal damage, possibly even death. Each animal's needs are unique; therefore, YOU will need to make the ultimate decision what is best for your pet -- healthwise and nutrition wise. The questions and answers that appear on this page are the most frequently asked questions newcomers to BARF have asked, along with the corresponding suggested answer. This information comes directly from experienced BARFers, as well as the books written by [Billingham](#), [Schultze](#) and [Pitcairn](#). Again, this is ONLY a guide, and NOT a bible. They are in no particular order and I will do my best to update this page frequently.

And also be sure to check out the BARF Tips & Tricks page, as well as **MORE** Most Frequently Asked BARF Questions Newcomers Ask, on this site, before you leave. Must-reading is also the main BARF FAQs. You'll find the links at the bottom of this page.

[Purchase ALL your BARF & Pet Nutrition Books at our Book Store!](#)

[Photos of my Boxers](#)

[Contact Dr. B.](#)

[Most Common Internet Acronyms](#)

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This page is NOT a substitute for medical advice. If you feel (use your gut instinct) that something physically may truly be wrong with your pet, don't hesitate to drop off a stool/urine sample to your veterinarian or even get your pet to an animal hospital ASAP.

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How do I get started?

The first thing you should do is some reading/research on the raw diet. There are a few books recommended and they can be purchased at this site's [bookstore](#), through DogWise. The books are: "Give Your Dog A Bone" and "Grow Your Pup With Bones," by Ian Billinghurst, and "Natural Nutrition for Dogs and Cats: The Ultimate Diet" by Kymthy Schultze. Both of them go into great detail about the diet and how to get started.

You can also visit the [BARF Webring site](#). Here you will find many people's stories about how they feed BARF and what led them to the transition from kibble. Take your time and do your research, and then you will be ready to begin. I lurked on the BARF list for about 6 months before I was ready to take the big plunge.

Most dogs do better on a cold turkey switch rather than half-kibble and half-BARF. Remember to keep things simple for the dog when you are starting. You might start with chicken or turkey and feed wings, necks or backs for the first couple of days. Let their body get used to the new foods before you start feeding them a huge variety of foods. Some dogs might not know what to do with the bones at first, but they will get the hang of it. If you have a small dog or a dog that doesn't get the hang of it, you can try crunching the bone into smaller pieces, or holding one edge of the bone for them.

For veggie meals, I would start with bland veggies with a bit of lean ground meat. Wait to add the richer foods, such as liver and eggs, for a few weeks. I would also wait to start adding any supplements until you are settled into a routine.

These are just some of the basics of the diet. Your research will provide you with more detailed information on how to get started. Good luck and happy barfing. [Back to top of page](#)

I'm really scared to start, and I feel so overwhelmed...can someone send me some encouragement?

Most of us felt the same way you do when we first started BARFing our pets. We thought it was very complicated (and maybe even more expensive), but have actually found it's much easier than kibble, or maybe that we all feel so good about what we're feeding them now--it just seems so simple now. Many of us believe the fact that BARF is less expensive than kibble too. Yes, it can feel very overwhelming at first, especially when thinking of supplements, how much to feed, meat-to-bone ratios, the veggies, and don't mix this with that, but once we finally relaxed and came to understand that it's a balanced diet OVER TIME, life got much easier. [Back to top of page](#)

Is it possible to see some sample meal plans? I really think seeing what I may be feeding will help alot!

Following are 4 sample meal plans (various size dogs) submitted by a BARFer who has been BARFing for 3 years. This is just a guide to help you get started as each dog is different and so is their activity level. What I suggest is to pick a weight closest to your dog's and feed a little more or less accordingly. As the days go on put your hand on your dog's rib cage and see if you press lightly you should feel ribs but not see them. If you can't feel ribs, your dog is too fat and if you can see ribs, your dog is too thin.

I feed 2x/day, so I split these amounts into 2 feedings but I am giving you a full day's worth for the RMB meal.

Golden Retriever - 55# - RMB meal - 1# chicken backs, or 12 chicken necks, or 8 chicken wings, or 2 beef ribs plus an egg or yogurt. You can feed lamb, but it is rich so I don't suggest it in the beginning. Even now after 3 years I will only feed lamb that I trim and only when I will be around to let them out more often. Lamb riblets (I think in Australia they are called lamb flaps) have soft very chewable bones and this is what I use if I can get it. Occasionally (like once every 2 weeks), I substitute fish - either canned mackerel or sardines as my dogs will only eat these. If yours eats other fishes then serve 'em up. I split one large can or 2 small cans among my four dogs

Offal - Offal (or organ meat, e.g. heart, kidney, liver, tripe, etc...) is usually mixed in with the veggie meal, because many dogs do not like the taste (some do). Just be careful not to feed too much, too quickly, as offal is very rich and too much will cause loose stools. Offal can be fed once or twice a week!

Veggie meal - This is for 1 meal not a full day's worth - 1/4 calves liver or an egg and I puree these veggies for about 3/4 cup worth. Mix and match veggies do not try to use all these at the same time - carrots, turnip, parsnip, green beans, yellow squash, zucchini, dark green lettuces, celery - I add a little - very little - of either spinach, kale, turnip greens, or broccoli. Now and then if I have a piece of cauliflower I toss that in too.

To most meals I add 1 teaspoon of oil (cold pressed flaxseed, or safflower or vegetable or olive but usually flaxseed for Omega3). To each meal I add 1 teaspoon nutritional yeast (Vitamin Bs), 1/4

teaspoon kelp, 1/4 teaspoon alfalfa powder. Also I add Vitamin C (about 2000mg) but you need to start off slow and increase a little at a time so as to not upset the tummy. My golden gets 200mg Vitamin E 1x/day

Poodle - 35# - gets exactly half of the above recipe - sometimes he is very active so I give a little more than 1/2 of the above. Halve the vitamins of yeast, kelp, alfalfa and remember Vitamin C 100mg Vitamin E/day

Cocker Spaniel 20# - gets 1/4 of above recipe - he tends to gain weight easily so I take a little away or add a little from his meals constantly - as I said, adjust to each dog's activity level and metabolism. 1/4 the vitamins of yeast, kelp, alfalfa and remember the Vitamin C, Vitamin E - cocker gets "most" of a 100mg capsule but a few drops goes into the Chihuahua's meal

Chihuahua 8# - very active little guy - 1 1/2 chicken wings, or 4 chicken necks or about 2/3 of 1/2 a chicken back (I break it in half and then take a piece off). For the veggie meal, which is 1 out of 2 meals a day, he gets about 1/4 cup of veggie mix with a little liver (about a square inch) or some egg or a tablespoon plain yogurt. Meat - for 1 meal - a little less than 1/4 cup of beef heart or gizzards. Remember a few drops of the Vitamin E and a little Vitamin C

The easy way is to go by the Golden's meals - And don't be afraid to adjust as needed for YOUR dog. Halve it for a 35# dog, Quarter for 20# dog and about Eighth for 8# dog OR Double it for a large-breed dog.

TIP : Make a calendar - jot in on a ten day basis if feeding 1x/day 7 meals of RMBs, 2 veggie meals and 1 meat/offal meal I also throw in a fish meal now and then. As Dr. Billinghurst says - this is not etched in stone. If you have no RMBs one day - then take a few veggies and an egg or can of fish, puree and serve. Happy Crunching :)

Check out [Sample Home-Feeding Diets](#) for more great sample menus and feeding ideas OR EVEN [view what some real BARF meals look like!](#) [Back to top of page](#)

Should I switch cold-turkey or is gradual better?

Most dogs do very well being switched over to BARF cold-turkey, but the change over should be done 'easy.' It is recommended that when you are ready to begin, don't try and rush things. Take it slowly. Try to keep the diet bland and simple at first. This is particularly important for older/middle aged dogs. Don't overload your dog with the 'good stuff' - he may not be able to handle it yet - particularly after a lifetime on kibble. Start with just some lean chicken or turkey necks or backs only for the first couple of days, keeping meals small to begin with and don't let your dog overdo it. Once the dog has settled into this, add some bland veggies with a bit of lean mince (ground meat).

The veggies do need to be pulped up using something like a blender, juicer or food processor. You are aiming for something a bit like the vegetable matter found in the stomach of a prey animal. The reason for this is that dogs can not digest cellulose. Cell walls of plants are made of cellulose, so for our dogs to get the nutrients out of them, we need to crush the cell walls. Chopping them up only crushes the cell walls on the outside, leaving the bit in the middle pretty much unavailable to them nutritionally. Cooking them will also destroy the cell walls, but as this also destroys a lot of the nutrients and enzymes in the veggies, it kind of defeats the purpose.

You can start adding richer food like eggs and liver (and maybe leaving a little bit more fat on the chicken/turkey) after a week or two once your dog is used to the simple diet. And after you have got the hang of it for a few weeks, THEN start thinking about adding supplements, if you want to. Don't try to do it all at once. It is also suggested that with dogs new to the BARF diet that you stay away from the harder or fattier bones for at least a few months (and perhaps longer, particularly for older dogs). Give them time to develop some 'strength' in their digestive system first. [Back to top of page](#)

I'm still researching BARF, and am not quite ready to make the change. Can you recommend an alternative food that is just as healthy, in the interim?

Proper research can take several weeks or months, depending on your time and desire to feed a more natural & holistic diet. One should never embark on such a drastic diet change without doing the proper and necessary research. One alternative I'd like to recommend is [HealthyPetNet's Life's Abundance](#), 100% all natural & holistic foods for dogs & cats, made of 100% all natural, human-grade ingredients. [HealthyPetNet](#) also carries a full line of all [natural pet care products](#), [canine supplements](#), [feline supplements](#), [pet-friendly cleaning products](#) and even [Dr. Barry Sear's \(the Zone Diet\) products](#), including [Canine Zone!](#). Other excellent alternatives would be to go with a holistic pre-mix food like [Dr. Harvey's](#), a prepared raw diet like [Oma's Pride](#) or even [Verve](#), which is a dehydrated holistic dog food. You have a choice...

Can I feed kibble AND BARF?

Yes you can, but seriously, why? OK, I know change can be difficult, so please allow me to explain. Kibble and raw food are digested differently, and should NEVER be fed together, in the same meal. If you feed dry kibble at the same meal as the raw meat, you are increasing the amount of time the food is in the body, and increasing the possibility of illness from microbes. So, if you want to feed half & half, feed kibble one meal, raw the next. Your dog will probably be the one who will let you know, before you do, that BARF is IN and kibble is OUT! :-> But, if you really feel the need to feed kibble (alone or in addition to BARF) or just haven't made up your mind to switch completely to BARF, you may seriously consider a super premium dog and/or cat food, such as [Life's Abundance](#), which contains all natural and human-grade ingredients....and NO Corn, No Wheat and No Dairy, formulated by Dr. Jane Bicks, world famous holistic veterinarian.

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How much do I feed daily?

Billinghamurst recommends 60% RMBs and 40% veggies, etc... however; 60% to 75% CAN BE RMBs and the rest should be a combination of veggies, organs (also known as offal, to include liver, heart, kidney, green tripe, etc...), ground meat (e.g. lean beef, chicken or turkey), eggs and supplements. If you are just starting BARF, remember to start slow by adding new food items every few days or even weeks, until your dog gets used to the new food (especially the richer foods like liver). This is only a guide to help get you started. If your dog is on the skinnier side, up the food (RMBs) and reduce the veggies....if your dog is on the heavier side, reduce the RMBs and up the veggies. To know if your dog is 'just right,' rub the back of your hand.....his/her ribs should feel the same. If you can't feel his/her ribs, then reduce the daily food intake.

Multiply your dogs weight by 16 to get the number of ounces he weighs.

Multiply that by .02, which gives you 2 % of his body weight.

Multiply that by .6 to give you the weight of RMB you should feed. That is chicken necks, wings, backs etc.

Go back to the 2% of his body weight again and multiply that number by .4 to get the weight in ounces of vegetable patty mix you should feed.

For example: One of my Boxers weighs 70 Lbs. Here's the formula I used to calculate the daily food intake when I started:

70Lbs x 16 = 1120 ounces

1120 x .02 = 22.4 ounces of food per day

22.4 x .6 = 13.44 ounces of RMB -----60% RMB

22.4 x .4 = 8.96 ounces of Veg. Patty mix.-----40% Veg. Patty mix.

Remember this is only a place to start - adjust everything up or down, depending on your dogs condition.

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I'm a Vegetarian and do not want to feed meat to my pet. Can I still feed a raw diet?

Absolutely, you can feed your pet a vegetarian diet. But the most important thing you will need to remember, since your pet won't be getting any meat, is to feed high quality protein with the meals, just as you do. The amino acids in meat are essential nutrients, and if you're not feeding meat, your pet will get all the necessary amino acids from tofu, grains and beans. As you learn more about feeding a raw diet, you'll likely bump into many people who are totally against feeding grains. Feeding grains is a personal choice, and does work well for many. It is suggested that the protein be rotated because each and every protein source you choose has a different amino acid chain and concentration. It is also highly recommended to seek out organic grains and beans. Oils are also an essential ingredient in a vegetarian diet, so make sure these get alternated as well, once a week!

Putting together a proper and nutritionally complete vegetarian diet for your pet can be quite as complex as the traditional raw diet. You must do your research before plunging in! An absolutely EXCELLENT alternative, while you're researching and learning, is [Dr. Harvey's](#). The foods come complete with organic grains, vegetables, herbs and some required supplements. All you need to do is add your protein source and essential oils...and you have a nutritionally complete meal for your dog or cat. The food is also an excellent choice for pet owners who want to feed a traditional raw diet with meat or who want the convenience of a home-cooked meal for their pets. [Click here for more information.](#)

What exactly is the difference between Raw Meaty Bones & recreational bones? Which should I feed?

RMBs are soft enough for the dog to chew up and eat - things like chicken

carcasses/back/neck/wings, lamb necks, oxtails, turkey necks, etc..., which make up an RMB meal. Recreational bones, on the other hand, are larger bones that the dog will chew on but will not eat the whole bone - things like beef marrow bones, femurs, knuckle bones, etc... Weight-bearing bones can also be given (chicken legs/thighs), but they are a bit more difficult to chew (especially for a small animal). When giving chicken legs/thighs, remember to supplement with eggshell powder or bone dust, to even out the calcium/phosphorus ratio.

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What is the best way to start my older dog on BARF?

It is best with an old dog to keep the diet fairly bland and low fat when changing over. I would suggest adding some [probiotics](#) to the diet to help restore good bacteria into the system to fight the bad bacteria and help increase immunity. You can do this by adding yogurt with live cultures in it to the diet or by getting some kind of [probiotic](#) supplement. If you are feeding grains, you may wish to either reduce the amount or remove them altogether, until your dog has adjusted to his new way of eating.

Remember to start slow, adding a new food item every few days...build up the number of items slowly as you and your dog begin to get the hang of it. [Back to top of page](#)

I'm really concerned about salmonella. Am I over-reacting?

When first starting BARF, many people were actually overly compulsive and obsessive with regards to possible salmonella poisoning. In fact, I was one of them. I wore latex gloves when handling the chicken and I never allowed one tiny piece of chicken to touch ANYTHING in my kitchen. I was totally neurotic. After a couple of weeks of BARF, I began to relax a bit. I now use my bare hands when handling and practice proper food handling techniques. Knock on wood, none of my dogs or family members have gotten sick. To this day though, I won't allow ANYONE into my kitchen when I'm wrapping 80 pounds of chicken backs...NOT UNTIL I'M DONE and everything's been wiped down with Mr. Clean, Antibacterial full-strength (yes, it even kills salmonella). :-)

According to an FDA news release, "salmonella is not harmful to dogs". The message? Salmonella is everywhere - not just in raw meats. Employ basic hygiene practices, wash your hands and keep surfaces clean - just as you would when handling your own food. Simple, really! If you want to read more, then you'll find the article on [The Question of Bacteria in Processed Pet Foods](#). [Back to top of page](#)

Is my dog experiencing detox?

When switching a dog over from commercial dog food to BARF, the dog's body may begin the process of ridding itself of toxins and impurities as it adjusts to the intake of proper nutrients. This process is called detox. Depending on the overall health of your dog, detox may last one week, one month or even several weeks...or not even at all. The most common symptoms of detox include vomiting, diarrhea, bad breath and itchy skin. It is normal for any of these detox symptoms to get worse before they get better...just don't give up and hang in there. Keep your dog as comfortable as possible during this process. Go slow on introducing new foods, to make sure there are no allergies. Pure pumpkin in the can (not pumpkin pie filling) works magic to firm stools quickly. Provide plenty of fresh water, but limit excessive water intake immediately after meals, as your dog may regurgitate. Give plenty of Vitamin E and C (the C to bowel tolerance) to help boost his/her immune system. [Back to top of page](#)

Why is my dog drinking less water daily? Should I be concerned?

No, there is absolutely no reason to be concerned. Raw food is full of naturally occurring water! All the moisture needed to digest raw food is contained in raw food!

Although a lower sodium intake is part of the reason that our BARFing dogs drink less water, the real reason is that raw food has not had the water removed like kibble has. The difference between kibble and canned dog food is the water content...they leave the water in the canned and dry out the kibble. It takes a lot of water to re-hydrate those little nuggets!

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How does one measure the food when switching from kibble to BARF?

I must admit I prefer the 'cold turkey' approach of switching rather than a slow switch. Try starting with around 2 to 3% of your dog's bodyweight (more for pups - up to about 10% for them) and adjusting from there. It is not an exact science and every dog is different so be prepared to adjust as you go along. Not getting it quite right is not really a problem as long as you accompany this with

observation of your dog so you can watch for changes (losing/gaining weight).

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Why do I need to separate certain food items, like RMBs, veggies and grains, and why can't I feed them together?

In Pat Lazarus book, "Keep Your Dog Healthy the Natural Way," under the topic of food combining he states:

"How you combine food groups can be crucial to your dog's health. Why? The digestive organs secrete enzymes to break down food so it can be properly used by the body. When carbohydrates and proteins are eaten at the same time, the protein enzymes go to work first, and the digestion of carbohydrates must wait. While the carbohydrates are waiting around to be digested, they ferment and release toxins in the body.

Proper food combining might more aptly be called not combining foods: Give only meat (or other heavy proteins such as eggs or milk) at one meal; give carbohydrates (fruit & grains) for the other meal. Vegetables, though may be given with either grains or heavy proteins."

He goes on to mention this can also help in preventing pancreatitis.

Also, grains and meats should not be fed together but veggies can be feed with either, with no loss of nutrients. Fruits, except apples, should be feed alone and at least twenty minutes before or after anything else. [Back to top of page](#)

Is it o.k. to feed grains?

Grains are not a natural food for dogs. It is not something they would eat in the wild. Those grains they would have access to would be in small quantities eaten from the stomachs of prey animals who had (in the right season) eaten some grasses that had seeded. These grains would also not look like our modern grains - more like wild rice (check it out at the supermarket and compare to domestic types).

Grains are also full of carbohydrates which can be easily converted to sugars. Cancer cells feed on sugars and it is believed that by decreasing the amount of carbohydrate in the diet, we may greatly reduce the risk of cancer (which is a growing problem among modern dogs).

So, in answer to your question, yes, grains can be fed; however, please keep the following in mind (when feeding grains), taken directly from a Dr. Billinghurst seminar: grains are not a natural food for dogs; dogs do not, in fact, need carbohydrates; carbohydrates are easily converted into sugars which feed cancer. Remove the carbs and the cancer has less/nothing to feed on; and grains are one of the major causes of allergies in dogs, and can also cause flatulence (gas..PHEW!!!).

I would suggest you read more on grains at the [Grain Free Pets](#) website. The page now includes a basic description of yeast infections, why they occur, what are the diet recommendations, why didn't my vet diagnose this problem.... as well as links on candida. [Back to top of page](#)

Do I really need to use supplements?

I haven't cut supplements out totally, although IMO a lot of people tend to over-supplement. This was something Billinghurst suggested too at a recent seminar here, and he mentioned that he only supplements his own dogs every now and again.

I think if you are providing a good varied diet you will be providing pretty much what your dog needs - all in a highly bio-available form. My first preference when looking to a certain vitamin/mineral will always be to provide it in its natural form first. So if I feel I need to provide more Vitamin B for example, I would consider what foods contain that vitamin first (e.g. liver) rather than reaching for an artificial supplement.

That said, I certainly see a benefit in supplementing those things that our dogs may be missing in the translation from a 'wild' diet to its 'modern' equivalent (i.e. BARF). As we don't necessarily feed the whole animal for example (eyes, brains, stomach and intestines etc etc as well) the addition of things like EFA's (e.g. flaxseed oil) on occasion can be useful. I would include yogurt in this category too - it contains good bacteria which a dog may otherwise have got from eating stomach contents/intestines etc (but green tripe can help here too). An excellent fish oil recommendation is [OmegaRx](#), a pharmaceutical-grade fish oil supplement...for us too! OmegaRx is 100% purified and 100 times stronger than the most popular brands of fish oil on the market! My Boxers receive it regularly, just as I do!

I like to add a bit of Kelp every now and again for its trace elements. Modern soils have been depleted by over-cropping etc and Australian soils in particular are low in iodine. Kelp adds back these

trace elements into the diet.

I add Vitamins C and E every now and then for their antioxidant properties and their value to optimize health - particularly in our modern polluted environment. Vitamin C is particularly good in times of stress and I am more likely to include it then than at other times.

Now realize that while I do include these supplements, I do not include them every day. I don't believe they are necessary every day except some in certain circumstances and perhaps only for short periods. Of course every dogs and every situation will be different (if I lived in a city I might give more C and E for example to combat higher pollution). But remember you are providing a much more nutritious product to begin with with raw natural foods. They are probably getting more nutritional value now out of a varied BARF diet without the supplements that they ever did on kibble.

If you do use herbs and vitamins on a regular basis (whether it be for you or your pet), may I suggest you checkout [My Herbal Corner](#), where you'll find the highest quality herbal, vitamin, mineral and nutritional supplements worldwide! If you're only interested in herbs for pets, please click [here](#).

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How do I know what supplement is for what, should I decide to supplement?

B and C vitamins are water soluble, which means whatever the body does not use are eliminated in the urine. You basically cannot "overdo" the vitamins except too much can cause loose bowels (that's why you often see it recommended to supplement with Vitamin C "to bowel tolerance"). Vitamins A, D, E and K are fat soluble and it IS possible to cause problems by over-supplementing - sometimes the problems can be as bad if not worse than UNDER supplementation. According to Kymthy Schultze in her book, "The Ultimate Diet", she states:

"Alfalfa contains vitamins A, B1, B6, B12, C, D, E, K AND U, plus beta-carotene, niacin, pantothenic acid, biotin, folic acid, calcium, phosphorus, potassium, magnesium, iron, zinc, copper, protein, amino acids, trace elements and fiber. It reduces tissue damage from radiotherapy, helps bleeding disorders, has antibacterial action against salmonella and has a protein with known anti-tumor activity. It's used as a general tonic, to detoxify the body and to treat colon disorders, hemorrhages, diabetes, ulcers and arthritis. Use the alfalfa leaf and stem in powdered or liquid form. Do not use alfalfa seeds as they contain a natural toxin.

Kelp contains vitamins A, B1, B3, B5, B6, B9, B12, C and E, plus zinc, vitamin, bromine, calcium, choline, copper, inositol, iodine, PABA, potassium, selenium, sodium and sulfur. Its iodine content is very good for glands and organs, especially the thyroid and liver. It can bind with chemical pollutants in the gastrointestinal tract and prevent their absorption by the body. It increases the contractile force of the heart, improves circulation and is often used for hair loss, goiter, ulcers, obesity and mineral deficiency. Equal parts of alfalfa and kelp in your dog's or cat's food provides a vast array of health-enhancing nutrients as a complete vitamin and mineral supplement.

Other green foods you may use include algae (chlorella, spirulina, blue-green), aloe vera, grasses and sea greens. Since these are plants, they should be fed to carnivores in fairly small amounts, proportionately"

Raw meat, fish and eggs provide an array of amino acids/protein, enzymes, antioxidants, Vitamins A, C, D, E, K, B1, B2, B3, B5, B6, B12, biotin, choline, folic acid, inositol, iodine, pantothenic acid, paba, fatty acids, calcium, phosphorus, magnesium, iron, potassium, chromium, copper, manganese, selenium, sodium, sulfur, vanadium, zinc and CoQ10 (see pg 26 of "The Ultimate Diet").

Raw veggies provide enzymes, antioxidants, betacarotene, carbohydrates, fiber, phytochemicals, Vitamins A, B1, B2, B3, B5, B6, C, D, E, K, boron, choline, folic acid, inositol, iodine, paba, pantothenic acid, calcium, chromium, copper, iron, iodine, magnesium, manganese, molybdenum, phosphorus, potassium, silicon, sodium, sulfur and selenium.

Many of us are of the opinion that our dogs, who are healthy, get the vitamins they need from the varied diet they are fed. Many BARFers supplement and many do not. Again, the choice is yours.

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What is ACV and what are some of it's benefits?

ACV stands for Apple Cider Vinegar. Of the 22 minerals essential for health, apple cider vinegar contains 19 in exactly the right amounts. *Some* of these minerals are potassium, phosphorus, sodium, magnesium, sulphur, iron, copper, silicon and pectin. ACV also contains natural malic and tartaric acids which are important in fighting body toxins and inhibiting unfriendly bacteria. There are claims that the additional acidity of ACV helps the digestion process. Many dogs like the taste of it, and it even makes the RMBs smell less raw meaty-like. Many people soak the RMBs in ACV prior to feeding, to aide with the digestion of bones. Remember in chemistry class, soaking a raw bone in vinegar? It turned rubbery! hummmm..some food for thought for those of you afraid of splintering bones. Again, the option to use ACV is purely another personal choice...some do and some don't. Oh, a teaspoon of

ACV (daily) in your dog's food also removes tear stains (for those with very light-colored dogs). Results are usually begun to be seen in 7 to 10 days. [Back to top of page](#)

What is Ester C and bowel tolerance?

Ester C is a buffered form of Vitamin C, which is easier on the stomach than other C's (ascorbic acid). If you decide to use Ester C or any of the other buffered form of C (calcium ascorbate or sodium ascorbate), you will be able to provide a much higher dosage than you would with ascorbic acid. If you are providing a buffered form of C, you might want to start out with 500 mg and increase the dosage (splitting the dosage to twice per day) until you determine the bowel tolerance. From that point, you can then determine how much C you want to offer per day.

As you are upping the daily dosage of C and you notice that your dog's stools are becoming a bit loose, then you have reached Bowel Tolerance. Any higher dosage will cause loose/watery stools, and even diarrhea.

Vitamin C is an immune booster and can be given daily. You can also UP the amount of Vitamin C during times of stress.

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What are digestive enzymes and probiotics, and why is their use recommended?

Digestive enzymes break down food so that it can be absorbed and utilized by the body. Raw food has enzymatic activity, and the body has a limited supply also. When our pets eat the raw food that their physiology is designed to thrive on, they receive plenty of food enzymes, which aid digestion and nutrient utilization. When they eat cooked food, which is devoid of enzymes, they can deplete the body's supply, and the enzyme-producing organs must work overtime to compensate. It doesn't matter what you put into the body if digestion is not equipped with enough enzymes to break it down and put it to good use within the body. Supplemental enzymes can be beneficial in cases of digestive disorders and degenerative diseases. They replenish the body with the tools needed to utilize nutrients.

Probiotics are beneficial bacteria. They are normally present in a healthy intestinal system. Beneficial bacteria keep unwanted bacteria, fungi, and other bad guys from disrupting homeostasis. For example, U.A.S. labs have conducted studies showing non-dairy probiotics to be extremely successful at destroying e.coli bacteria. Beneficial bacteria is killed by antibiotics. Supplemental use of non-dairy probiotics can help re-establish normal intestinal function (lots of yogurt).

Both enzymes and probiotics can be purchased from a variety of sources including health food stores, vitamin shops, catalog, etc. Look for products with a large amount of active ingredient and no fillers, binders, yeast, dairy, sugar, etc. Use according to directions. Enzymes are most often sprinkled on food right before feeding. Probiotics, which should be refrigerated, are most effective if given between meals. More information on digestive enzymes can be found [here](#). Another excellent source for further information and to purchase is [B-Naturals](#). [Back to top of page](#)

What are other natural sources of calcium, other than egg shells and the bones themselves, to supplement?

Personally I would stick with the eggshells, but I have heard people talking to their butcher/meat market and asking them to save bone "sawdust" from when they cut the meats down. This bone dust would be preferable to bonemeal because it would still be in its "raw" state. Eggshell powder can be made yourself, by saving the raw shells, drying and then running them through a coffee grinder. According to Pitcairn, there is 1,800 mgs. of calcium per teaspoon of eggshell powder. Bone Dust contains 8.74 % ash, (1/3 of which is calcium), 25.26 % fat, 13.42 % protein, and 52 % is water. [Back to top of page](#)

Fish? You mean I can really toss my dog a whole fish?

Absolutely...head, tail, body...the whole thing! Just be sure to check inside the fish for any hook that may have been forgotten to be removed. Fish is not a substitute for an RMB meal, but it can be fed a couple of times a week. One reason for this is the thiaminase enzyme in fish...it destroys thiamine (Vitamin B1). Fish especially rich in thiaminase are herring, capelin, suckers, smelts and various carp species, a total of some 50 species, most of which live in fresh water. Extra thiamin can be fed when feeding fish. Feeding whole fish is also an individual's personal choice. Many are afraid of the bones getting stuck...no problem, there are many varieties of nutritious canned fish on the market.

A special note with regards to those who live in the Pacific Northwest: salmon and trout can carry the rickettsia organism responsible for salmon poisoning. If your dog shows ANY signs of being ill within two weeks of feeding, get him/her to the vet, and tell them to look for salmon poisoning. This information is not meant to scare anyone, but it's extremely risky to feed raw salmon and trout from the Pacific Northwest..

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When should I start introducing veggies?

They are probably the second thing I would introduce after some Raw Meaty Bones such as chicken (Oh, I may add some yogurt or probiotics first though). When to add them usually depends on your dog. If he handles the chicken RMBs well for a few days, you can try adding some bland veggie mix (with perhaps some lean ground meat to tempt). You can add it sooner if the dog is getting a little constipated, or later if things are still a bit soft and runny ;-). Either way, try and keep the diet fairly bland and low fat for a while when starting out. [Back to top of page](#)

What is the recipe for Dr. Billinghurst's veggie patties? Can I change this recipe?

Yes, this recipe can be adjusted to suit your dog's needs or tastes, at the time. It is based on raw crushed vegetables - at least half e.g. one kilo vegetables such as carrots, celery, spinach, broccoli, etc. The other half consists of lean mince - beef, chicken, lamb {pork} e.g. one kilo. To which we add such things as: yogurt - low fat and plain - half a small tub eggs - raw preferably free range - about 3 flax seed oil - 2 or three dessertspoons liver - raw - say a quarter of a lamb's fry garlic - 2 or 3 cloves kelp powder - up to 4 teaspoons B vitamins - a teaspoon of Troy Vitamin B PLUS OTHER HEALTHY FOOD SCRAPS e.g. small amounts of cooked veggies, rice, cottage cheese etc. Any surplus - not fed on the day - should be formed into patties, frozen, thawed out as required. copyright IAN BILLINGHURST [Back to top of page](#)

Help, my dog won't eat his veggies!

I went through the same routine with my Dobe when I fed kibble and again when I fed Barf. Finally, what came about was our "Giant Veggie Battle". I finally decided that I had enough pampering, I knew he liked the veggies because at one point he used to gobble them up, but he was being stubborn. He would rather have RMBs.

So for 3 days he got veggie meals...for 3 days he refused to eat. He would eat a bite or two, sometimes 3 if I was lucky and walk away. Every meal, I would give him a fresh meal with maybe 2 tbsp. of veggie mix and the rest ground beef/mackerel/salmon, etc. I would leave it down for 10 minutes and then calmly pick it up. Well at 3 1/2 days, the boy finally ate his whole veggie meal. Apparently, he was hungry enough. Never again did we have the problem.

This might be worth looking into in your case. As long as you know the dog is healthy and has no reason other than "stubbornness" not to eat a particular meal, this is an option for you. Yes, it can be stressful and frustrating, however, in the long run you have very few "battles" after that and happier mealtimes.

Here are some suggestions that were given to me to try to tempt him in his veggie meals:

Mix veggies with canned fish (mackerel, tuna, sardines) or ground meat
Parmesan cheese on top
Grated Cheese in the mix
1 - 2 tsp. of molasses
Garlic powder or regular garlic
raw egg
baked beans
yogurt or cottage cheese
chopped raw liver or kidney
vegemite mixed with warm water (probably not relevant for the USA lol)

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Why can't I just chop up a veggie, or even give it whole?

The veggies need to be pulped up using something like a blender, juicer or food processor. You are aiming for something a bit like the vegetable matter found in the stomach of a prey animal. The reason for this is that dogs can not digest cellulose. Cell walls of plants are made of cellulose, so for our dogs to get the nutrients out of them, we need to crush the cell walls. Chopping them up only crushes the cell walls on the outside, leaving the bit in the middle pretty much unavailable to them nutritionally. Cooking them will also destroy the cell walls, but as this also destroys a lot of the nutrients and enzymes in the veggies (even canned veggies), it kind of defeats the purpose. Freezing the veggies and then thawing can also break down the cell walls. [Back to top of page](#)

Is it ok to mix the veggie mush with ground meat?

Yes, you can mix the ground meat in with the veggies :-). If this is purely muscle meat and not ground Raw Meaty Bones, it is best to limit the amount you are feeding though. Remember that 60 to 80% of the diet should be raw meaty bones. Of the remainder, less than 1/2 should usually be additional muscle meat without the bones. If you can try and make sure there is at least the same amount if not

more veggies and other stuff than the ground muscle meat in your veggie mix.

Of course if you are just introducing the veggies and that is the only way they will eat them, mixing a small amount of veggies in a larger amount of meat will sometimes help. You can gradually decrease the amount of meat and increase the veggies as they get used to it. [Back to top of page](#)

My supermarket frequently has chicken leg quarters on sale. Are these o.k. to use?

Yes - but they don't contain the proper calcium:meat ratio; plus they are load-bearing bones and are naturally harder (and harder on your dog's teeth over the long haul). If you DO decide to use them, you will need to supplement with additional calcium (in the form of eggshells or bonemeal). [Back to top of page](#)

My dog literally inhales her food, and it scares me to near death. What can I do to get her to slow down?

Many dogs have a tendency to gulp their food, without chewing, and this can be a very scary experience for an owner new to feeding raw bones. To teach the dog to chew before swallowing (yes, your dog needs to learn how to chew), try larger RMBs like chicken backs and turkey necks. Avoid all the smaller RMBs (chicken wings, chicken necks, etc...) until your dog learns to chew her food. Another option (submitted by a BARFer) is, "instead of giving her bigger things to chew on, I hand fed my dog, and made him pull the meat off the bone. I did this for about a week, and afterwards everything was fine. For people who have bigger dogs, and are afraid of getting their hand chopped off, they should teach their dog to respect their hand, and the meat that's in it." [Back to top of page](#)

I thought RMBs were supposed to be given whole...why are some people grinding them for their dogs?

Yes, RMBs should be given whole (not ground up or smashed), as chewing the entire RMB provides several benefits. Chewing RMBs provides superior jaw and upper body muscle exercise, as well as those pearly whites we've read so much about. Puppies who chew their RMBs satisfy their natural chewing desires, rather than chewing on your furniture or shoes. On the other hand, ground RMBs still provide all the nutritional requirements that are so crucial to your dog's health. There are people who choose to grind (or even smash up the RMB) for various reasons, examples are: feeding an older dog with few teeth left, the dog is a chronic 'gulper,' OR just for an owner's peace of mind that their dog won't choke on the bones (until they feel more comfortable feeding raw meaty bones). To grind or not to grind is purely an owner's personal choice. Unless there is an underlying medical condition, RMBs should be fed whole. An excellent alternative would be to go with a prepared raw diet like [Oma's Pride](#). [Back to top of page](#)

I've heard so much about the Maverick Meat Grinder, where can I buy one?



You can purchase the Maverick Grinder directly at [Pierce Food Service Equipment, Inc.](#) This site does not endorse this grinder, but does endorse the grinder from [Northern Tools](#) (photo to the left). This comes from my personal research, comparison of many grinders and the actual use of this product. When you get to [Northern Tools](#), simply type in the product # 168620 (numbers only) at the top of the page in the search box, and you'll be taken directly to the recommended grinder.

Again, it is purely a personal choice to grind or not to grind. Please use your utmost discretion before purchasing ANY grinder, or ANY product, for that matter. [Back to top of page](#)

How do I go about finding a Raw Meaty Bone supplier?

The best place to find a supplier for your raw meaty bones is in your phone book. Look up Butchers and Wholesale Poultry Distributors in the Yellow Pages. You can also search the [International Purveyor Index](#) using your zip code to find a supplier near you. [Back to top of page](#)

How much can I expect to pay for RMBs?

On the average, staple RMBs (chicken wings, chicken backs and turkey necks) can be purchased from a wholesale supplier in 40-pound cases for about .89 cents a pound, .29 cents a pound and .39 cents a pound, respectively (in US Dollars). Prices vary by state and supplier, and these are just average prices. These staples, and other RMBs, can also be purchased in your local supermarket(s), at a bit higher price per pound. If you are BARFing more than one dog, it will certainly 'pay' for you to shop around for the best prices and even invest in a chest or upright freezer. [Back to top of page](#)

I've heard about trichinosis and pork. Is it safe to feed pork?

As with many other food items, feeding pork is purely a personal choice. But yes, it CAN be fed, safely. Some dogs do very well on pork and others don't (loose stools). If you'd like to feed pork but are afraid of possible trichinosis, it is recommended that the pork be frozen, at Zero degrees F for 3 weeks, to kill the flukes. The incidence of trichinosis is actually fairly minimal in most places now (particularly in inspected meats). Many have fed fresh pork (pork necks, being a favorite) without any ill side-effects. Be aware of smoked pork necks, as they are slightly cooked from the smoking process. Pigs feet can also be fed, but are very high in fat...something you may want to avoid if your dog needs to lose a pound or two.

What is the bone to meat ratio?

Ideally, it is anywhere from 1:1 to 2:1 calcium:phosphorus (bone/eggshell:meat). The ratio for various food items can be researched using the [Calcium/Phosphorus Ratio Chart](#) [Back to top of page](#)

Aside from natural calcium, what other nutrients do RMBs provide?

Raw meaty bones provide nutritious marrow, amino acids/protein, essential fatty acids, fiber, enzymes, antioxidants and a vast array of species-appropriate minerals and vitamins all in a usable form. [Back to top of page](#)

I've noticed my dog pooping less and it's white. Is this normal?

Yes, this is completely normal for a BARFing dog. The reason your dog is pooping less is because most of the food he is now ingesting, is being digested and properly utilized by the body...thus, less waste. The RMBs account for it turning white. If you notice your dog straining while pooping, you can up the veggies a bit; however, straining a little bit can help express the anal glands, which would normally be done by your vet, at a price! Read more about [Chalky White Poo](#).

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My dog is constipated. How can I help him?

Pure pumpkin in the can (not pumpkin pie filling) helps both loose stools and constipation. You can also reduce the RMBs and up the veggies a bit, or even add liver to the meal. [Back to top of page](#)

Help!!! My dog has diarrhea!!!

If you're just starting to BARF your dog, the diarrhea may be brought on because of the normal detox process (cleansing out the toxins and impurities) OR because you may have added one too many things too quickly. Pure pumpkin, in the can (not pumpkin pie filling), will immediately halt the diarrhea. If the diarrhea is because of the possibility of a reaction to a new food item, you'll need to start an elimination diet. Basically, go right back to feeding one thing only for a time (no supplements or anything else, including treats) and then gradually add things back one at a time and watch for a reaction. As every dog is different, this is the only way you will know for sure what your particular dog is reacting to. In the meantime, keep his food bland until he is feeling better (you too)! You can add applesauce, honey and even Slippery Elm Powder (an herb) to help settle his tummy.

If you feel detox or a new food item may not be the cause of the diarrhea, do not hesitate to drop off a stool sample to your veterinarian to check for parasites, worms and even unfriendly bacteria. If your dog is put on antibiotics for his/her gastrointestinal upset, make sure you give him plenty of yogurt, Vitamin C & E, during the recovery process.

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Why is my dog's stool wrapped in mucous at times? Should I be concerned?

Believe it or not, mucousy stools can appear any time, no matter how long one has been BARFing, and is generally no reason for concern. When first starting BARF, this may be a sign that the digestion track is ridding the junk out of it's system (normal part of detox). Mucousy stools can also be related to feeding dairy products. If you are feeding dairy, try cutting them out for a few days and see if this was the culprit. It can also mean an inflammation of the intestinal track. If you notice traces of blood, along with the mucousy stool, a trip to the vet is encouraged. Mucousy stools are also a sign of coccidia (a parasite commonly found in puppies), so you might want to drop off a fecal sample to your vet, and begin treatment. Again, use your judgment...if dog appears ill (gums may be white and not the normal pink/rose color) and is also having frequent bouts of diarrhea that last 24 to 48 hours, call your vet.

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My dog is vomiting. What can I do?

There are several reasons a dog may vomit, and it is up to you to determine why. If the vomit is yellow

bile, this means the dog's stomach is completely empty (and hungry!). Feed that poor baby. If the vomit is clear with white foam or mucousy globs, it is from drinking too much too fast (possibly on an empty stomach). I'd remove the water and, again, feed that baby!

Vomiting is also a symptom of the normal detox process. You can add applesauce, honey and even Slippery Elm Powder (an herb) to help settle his tummy, while he is getting accustomed to his new way of eating. The vomiting may also be the result of a new food item that does not agree with him. And yes, a dog new to BARF will occasionally regurgitate his food, and then begin to eat it again...probably more slowly this time, as he 'gulped' it the first time. This IS normal.

Sometimes pieces of bones stay undigested (may have been stuck in the stomach for a while) and cause a bit of blockage, which can cause quite a noxious odor on both ends. Increasing probiotics/digestive enzymes may be a good suggestion.

Dogs can also ingest various foreign objects (e.g. socks, toys, plants, etc...), so keep an eye on your pet if you suspect this type of ingestion, and your dog hasn't thrown up or passed out the foreign object within 24 to 48 hours.

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I'm confused, do I have to fast my dog on occasion?

No, you do not have to fast your dog. In nature, canines (wolves, feral dogs, etc.) don't eat everyday. The theory behind fasting our dogs is that it gives their digestive systems a chance to rest. Most people who fast their dogs do it once a week. Many people give recreational bones or liquid meals on fast days to help their dog get through the fast day. The choice to fast is a personal decision. Many many BARFers fast usually on days that would be stressful like traveling, vet days, and so on. Many dogs will fast themselves and we must listen to them.

Now, if your dog pooped numerous times after fasting, this is good as he/she must have had some build up to get rid of and with the daily meals his/her system wasn't getting around to it. As long as they were not extremely loose from the start, then he/she sounds fine. [Back to top of page](#)

When thawing, is there a point where the food is considered dangerous and should be thrown out?

For my dogs here, it is when the smell of the meat is so bad I nearly throw up ;-). That usually takes a quite a number of days of being thawed out in the fridge. If it smells a little 'gamey' (a few days old) I will still feed it. With a dog new to BARF I would try and keep the meat fairly fresh for a while though. Easiest way is to thaw slowly in the fridge, or to thaw for a few hours or overnight in a container on the kitchen counter. Just thaw as much as you need for one day at a time.

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Can I use my microwave for thawing RMBs?

When using a microwave to thaw RMBs, you must be extremely careful, as the microwave can begin to cook the food from the inside (the bones) out. Thawing RMBs in the microwave is NOT the recommended method. NEVER, EVER give your dog a cooked bone, as it can splinter and cause severe internal complications. The safest method of thawing is room temperature or, if you're in a bit of a hurry, soak the RMBs in cold water in the kitchen sink. [Back to top of page](#)

Is it possible that my dog is allergic to the Omega oils?

Yes, it is possible. I think some dogs have been known to react to Flaxseed oil. If this is what you are using, you may want to try Fish Oil (not cod liver oil) as an alternative source. An excellent recommendation is [OmegaRx](#), a pharmaceutical-grade fish oil supplement...for us too! OmegaRx is 100% purified and 100 times stronger than the most popular brands of fish oil on the market! [Back to top of page](#)

Can I still BARF my dog while traveling?

Yes, you can. When I travel if I have room for an extra cooler, I freeze RMB meals in separate portions so I can take one meal out at a time. I try to use a separate cooler for RMB so it isn't opened as much. I also freeze the RMBs a week or two in advance so they stay frozen longer.

If I don't have a lot of extra room for a cooler, some options are:

1. Shopping when you get to location (although this can be pricey and isn't always an option)
2. Canned mackerel/tuna/salmon

3. Cottage Cheese
4. Natural Applesauce
5. I've even fed canned green beans and other canned veggies

In terms of feeding the "correct balanced diet", remember that you are looking at the diet "over time" versus a daily diet. I don't try to bring any veggie mix with me when I travel. From what I've found, it doesn't work too well and gets messy.

There is also someone on the list who just feeds the dog, whatever they are eating at that time. While it might not be the exact ratios, it still is probably better than kibble. [Back to top of page](#)

What are proper food safety techniques?

Basic food safety techniques are really not much difference for handling dog food as they are for people food. Basically they involve washing your hands after handling meat etc, making sure cleaning cloths are clean and washed regularly (or use paper towels) and washing down benches with soap and hot water to curb bacteria growth (I use vinegar too). Some people do additional things, but these are the basics. [Back to top of page](#)

What are Satin Balls? Can they really put weight on my skinny dog?

The recipe and information on Satin Balls can be found [here](#). Satin balls are not treats. They are a recipe that was developed to assist with putting weight on dogs. They were not developed as part of the BARF diet, but independently from it and are used by people who feed kibble as equally as those who feed home cooked or raw natural diets. The fact that they can be served either raw or cooked is the main factor that makes them 'acceptable' for all these. When it comes to the BARF diet though, there are some aspects about them that we may not like (the cereal for one). My suggestion is for those that want to feed something like a satin ball but do not like the recipe is to devise your own BARF friendly ones! Not that hard to do really :-). [Back to top of page](#)

How can a BARF diet reduce the chances of my dog bloating?

The chances of bloat are much less than on kibble. It is quite rare for a dog to bloat when they are eating a raw diet, for a couple of reasons.

The first is that raw food doesn't swell like kibble which can sometimes cause problems. The second thing is that most dogs eat more slowly when they are eating raw food compared to the familiar "inhale" style eating that dogs use when they are eating kibble. Because they aren't inhaling their food, less air is sucked into the stomach. Another reason is that chewing allows the dog's body to prepare for digestion. The necessary juices and acids are released slightly prior to the "deposit" of food into the stomach. [Back to top of page](#)

I think my dog is allergic to BARF...how can I be sure?

If you are truly concerned that something in the diet is causing a problem, the only true way to identify it and remove it is with an elimination diet. Basically, go right back to feeding one thing only for a time (no supplements or anything else, including treats) and then gradually add things back one at a time and watch for a reaction. As every dog is different, this is the only way you will know for sure what your particular dog is reacting to.

If it is not a food-related allergy, changing the diet around - for a dog already on BARF that is - is going to have minimal impact. Basically, if the cause of the allergy is still around, your dog is still likely to react to it no matter what you feed.

That said, BARF can have a positive (if not always total) effect in relation to non-food related allergies. This effect, however, is generally LONG TERM. Basically BARF helps to build the immune system which allows your dog to fight off the allergies when they occur. Over time, as the immune system strengthens, this can help to lessen their impact. While some effects may be immediate when switched to BARF, some dogs continue subtle improvements over a number of years. In simpler terms, allergies are an over reaction of the immune system usually brought about by a weakness or imbalance in the body (such as vaccinations, a chronic illness, virus, food, environmental, or thing(s) she/he comes in contact with). You can help boost your dog's immune system by increasing Vitamin C (to bowel tolerance) and adding Vitamin E. The herbs Echinacea and Goldenseal Root also help to boost the immune system.

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Will feeding raw meat make my dog vicious/mean and create a "blood lust?"

Basically, this IS a myth. There is NO causative relationship between eating raw meat and wanting to kill animals. It has nothing to do with what a dog is fed and has everything to do with natural prey drive, training and socialization. For example, some breeds like the husky can have a very high prey drive. If raised around animals and trained not to chase them, a lot of them will have no problem co-existing happily NO MATTER WHAT THEY ARE FED. With a lot of dogs, the instinct is a very ingrained primal one and the sight of an animal running can bring this out in them NO MATTER WHAT THEY ARE FED. Dogs can easily distinguish between what they are protecting and what they are eating.

Remember that kibble has not been around that long. For generations man has been feeding raw meat and bones to their dogs. I do not think in the hard reality of life dogs would have lasted too long as man's helpers in the field, on the farm or elsewhere if eating raw meat gave them a blood lust for the other animals around. Imagine an outback station owner for example. The dogs eat the foods the producer produces - the leftover cuts of the animals they slaughter for themselves or the old culls. The nearest town is a couple of hours by light plane or perhaps a 10 hour drive down the track. Before transport such as this, it may have taken a couple of days to get to the neighbours place. Now imagine if all the dogs they use to help them with the stock killed their stock because of the raw meat they were eating. Do you think they would still keep dogs? Would the Australian Cattle Dog or Kelpie have been developed as a breed? I doubt it - they would have all been shot a long long time ago. Yep, some dogs may turn out to be 'stock killers'. This happens. But as we have found, even kibble fed dogs can be stock killers. [Back to top of page](#)



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Member sites of the Raw Food for Dogs and Cats
Displaying from 1 to 50 of **146** :

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- 1. Frog Holler Fila Brasileiros Join Date: January 02, 2003**
We at Frog Holler strive to produce the healthiest Fila Brasileiros by screening for hip and elbow disease through OFA and PennHIP, feeding ALL of our dogs and puppies on a BARF diet, and by administering no vaccines to our breeding stock, as well as minimal/no vaccines to our puppies.
- 2. k9rawdiet Join Date: January 02, 2003**
Site describes how I feed my Chows a raw diet and gives basic instructions to the novice. It provides resources so the person new to a raw diet can help him/herself.
- 3. New Beginnings Mastiffs Join Date: January 02, 2003**
Our Mastiffs are BARF raised and holistically raised. We have litters rarely and "girls" are house dogs who enjoy the couch more than we do!
- 4. Wolfpaw Alaskan Malamutes Join Date: January 02, 2003**
We are a small kennel located to the magnificent Alaskan Malamute. We are located in Saint John, New Brunswick, Canada. We have just recently started our dogs on the BARF diet. We are involved in Conformation showing, Obedience, Hiking and Backpacking and soon hope to add Recreational Sledding and Skijoring to our list of activities.
- 5. Pur-Plesur Australian Shepherds Join Date: January 02, 2003**
Breeder of Raw fed Champion Australian Shepherds. Puppies, stud, and occasionally young adults available. (OFA'd & CERF'd) Located outside Perry, GA.
- 6. Retrievers Etc Join Date: January 02, 2003**
We raise Chesapeake Bay Retrievers, and offer obedience and gun dog training classes
- 7. Tahali Dobermanns Join Date: January 02, 2003**
Come and check out my girls. Genetically and Temperament Tested Breeding Stock. Feed on the Barf Diet
- 8. Braelair Border Terriers Join Date: January 02, 2003**

The homepage of Braelair Border terriers In Sydney, Australia. Breed and BARF info, great Links and pictures.

- 9. Scorpeo's Web Join Date: January 02, 2003**
This site contains info about my dog, myself, and BARF, and also contains links about dog breeds, dog rescues, and misc. stuff.
- 10. Avonti Standard Poodles Join Date: January 02, 2003**
This site showcases my poodles and provides information about the poodle breed.
- 11. Chadyline Cavaliers Join Date: January 02, 2003**
Homepage of Chadyline Cavaliers, in Stockholm, Sweden. We feed all our dogs and puppies only a BARF diet.
- 12. Seri's corner Join Date: November 11, 2000**
infomation on natural health care of dogs based on experience
- 13. Ferg n' Claud's page Join Date: January 02, 2003**
Fergus and Claudia the weimaraners talk about their life and the food they eat.
- 14. Angel's Page: Natural Pet Health Join Date: January 02, 2003**
"Angel's Story" tells of our Border Collie Mix whose life was prolonged through Natural Pet care and the BARF diet. I have fed BARF to my pets for over 5 years and have links to many great resources and books.
- 15. Ann-Christin's Yorkshire Terrier's Join Date: January 02, 2003**
About my Yorkshire Terriers. Links on BARF
- 16. Akira's Basenji Page Join Date: January 02, 2003**
Dedicated to Basenjjs. Includes photos, nutrition, breed info, vaccination info, parasite info, barf info, free graphics, free classifieds, awards and more!
- 17. Von Himmel Rottweilers Join Date: January 02, 2003**
We are active in AKC conformation & obedience. We are the only Totally Naturally Reared Rottie Breeders in Southern California. All of our dogs are raised in our home on Dr. Billingham's BARF (Bones & Raw Food) diet for optimum health & performance. We do not vaccinate and use Homeopathic and Holistic treatments whenever possible for the healthiest Rottweilers around.
- 18. Perry's Place Join Date: January 02, 2003**
an ex-racer's life of retirement
- 19. Tenterfield Terriers Join Date: January 02, 2003**
The Tenterfield Trio's site contain info about this breed, pictures and diet info.
- 20. Spiritrun Alaskan Malamutes Join Date: January 02, 2003**
Spiritrun Kennels, Ontario Canada, is home to beautiful

Alaskan Malamutes. Our BARF-fed dogs are active in conformation and sledding activities.{};

- 21. Joyvnture Papillons Join Date: January 02, 2003**
We are devoted to feeding a total BARF diet to our lovely Papillons. Joyvnture is a joint venture in Australia and the USA.
- 22. Sampson's Labrador Retrievers Join Date: November 11, 2000**
We are a small kennel enjoying our family labradors. Particapating in conformation shows, obedience, hunting and Jessica is in AKC Junior showmanship.{};All our dogs are fed BARF, we are so confident in our breeding program that all puppies are sold with a health guarentee.
- 23. Odin and Merlin's Bearded Collie Web-site Join Date: January 02, 2003**
Information about bearded collies, photo's of our beardies, info: on the barf diet for dogs, explanation of the UK show system, dog names
- 24. wereldhonden Join Date: January 02, 2003**
Honden uit het buitenland-ex zwerfers
- 25. Jubilee Aires Airedale Terriers Join Date: November 11, 2000**
Airedale Terrier show kennel. Puppies, adults and rescue information. Photos, pedigrees, articles, links and more. Puppies bred for show and companion.
- 26. Adler Acres Australian Shepherds Join Date: January 02, 2003**
AKC registered Australian Shepherds.
- 27. Keldapark Kelpies & Pet Products - GC Animal Actors Join Date: January 02, 2003**
Promoting All Natural Australian products - foods, supplements, training equipment, bedding, coat & skin care etc. As well as Australian Kelpies & other animal actors.
- 28. Blairwick Dalmatians Join Date: January 02, 2003**
Australian dalmatian lovers..breeding,exhibiting and obedience trialling our dalmatians..{};Come see our dals on our web site!!!
- 29. Canaltowne Labradors Join Date: January 02, 2003**
My labradors and cats are all BARF fed. We compete with our labs in shows, obedience trials, hunt tests and soon agility. My labs are also registered Therapy Dogs.
- 30. Mamosa Shelties Join Date: January 02, 2003**
Just for fun is Mamosa Shelties mantra.No longer a breeding kennel our interests have turned to obedience, agility and "fun" times with our dogs. We advocate responsible breeding and natural diets - specifically "Barf"

- 31. DreamCatcher Akita Join Date: January 02, 2003**
German-Site about my Akita's, BARF-Diet, Akita-Info, Pictures and more.
- 32. My Mal Join Date: January 02, 2003**
A homepage dedicated to my Alaskan Malamute Takiah. Includes a large section on the benefits of feeding BARF.
- 33. ARF4Westies Join Date: November 11, 2000**
Website for ARF4Westies, an email list for Westie owners to exchange information about "how to practice" and "benefit from" a species-specific appropriate raw food (ARF) diet, including poultry and animal meat and bones. Practitioners believe that ARF provides optimum nutrition for their Westies in comparison to that provided by kibbles and other "processed" pet foods.
- 34. The BARF Pictorial Join Date: November 11, 2000**
A Pictorial description of a typical night of preparing a homemade "BARF" style diet. Photos include step by step meal preparation, and dogs enjoying their meals. Sample menu is given, as well as suggested further reading on the topic.
- 35. The Schnauzer Chronicles Join Date: November 12, 2000**
Catering to Miniature Schnauzer fanciers. Educational, instructional, funny. A MUST for all mini schnauzer owners and/or anyone considering to purchase/adopt one.
- 36. Shadowpins Miniature Pinschers Join Date: January 02, 2003**
We raise home bred Miniature Pinschers that are raw fed. Our dogs are AKC registered from Champion lines. We are also distributors for Oma's Pride All Natural Raw Pet Food.
- 37. IndyWOO Malamutes Join Date: January 02, 2003**
Indiana is home to IndyWOO Malamutes. We raise our dogs as pets, and are very active with them. Our site explains why we believe BARF is the only healthy way to feed, along with pictures and activities we enjoy. Welcome to IndyWOO.
- 38. BARF Diet Log - Healthier Feeding for Our Canine Companions! Join Date: November 11, 2000**
This site is a daily log of the switch and the observations, concerns and outcome, of my three varied dogs changes to the BARF feeding lifestyle. It's purpose is to help the new BARFER to see that we all go through similar feelings of nervousness and that the end result is so VERY well worth our going through some personal changes to learn the superiority of this feeding protocol.{};{};{}Thanks for reading,{};{};{}Eric-DogStar

- 39. Wayeh Malamutes & Siberians Join Date: May 02, 2004**
Wayeh Alaskan Malamutes & Siberian Huskies, located in East Tennessee, where sleddogs work for their raw meaty bones.
- 40. Grandview Goldens Join Date: January 02, 2003**
The Adventures of Ch. Sunrise's Wile E. Coyote in the AKC Dog Show Circuit and some of the things we have learned to keep our dogs in Great Shape, especially the Bones and Raw Fruit (BARF) based diets. Our dogs and pups have been on BARF for over 4 years and doing GREAT!!!
- 41. Selkatz Tonkinese Join Date: November 11, 2000**
Naturally raised Tonkinese cats and kittens including raw food recipes, on-line book store and much more. Instructions on bathing, grooming and showing a Tonkinese cat.
- 42. The Digital Dog Join Date: November 18, 2000**
The Digital Dog is a site with information on choosing, naming, feeding, and training dogs.
- 43. The K9 Kitchen Join Date: January 02, 2003**
Fresh raw natural food for Pyrenean Mountain Dogs, also suitable other breeds
- 44. Shakira Great Danes Join Date: January 02, 2003**
Family hobby kennel raising fawn and brindle Great Danes & Pembroke Welsh Corgis. Started feeding BARF this summer, '01, and love it!
- 45. Hillsdale Shiba Inu Join Date: January 02, 2003**
An informational website focused the Shiba Inu dog and the importance of feeding the correct diet. We raise our dogs in the house with our family. Our dogs are raised on BARF diet (Bones and Raw Food).
- 46. J'Stone Cairns Join Date: November 12, 2000**
The site is about our Cairn Terriers.
- 47. Paisley Dalmatians Join Date: January 02, 2003**
The Internet home of the Paisley Dalmatians. Pictures and pedigrees of many of our 100+ champions and performance titled dogs, as well as information on upcoming litters. Our famous Color Pages, a new Barf page, rescue pages, and lots of useful articles and links.
- 48. Wrangler Collies Join Date: January 02, 2003**
We are a small hobby kennel located in Hunterdon County, NJ. We breed versatile Rough and Smooth Collies who excel in the breed and performance rings and also share our lives with retired racing Greyhounds. We feed a biologically appropriate raw diet and utilize holistic veterinary care when needed.
- 49. BARF en español Join Date: January 02, 2003**
Sitio con alimentación BARF. BARF feeding site for all dog lovers. In spanish.

50. Raw Food email lists Join Date: November 11, 2000

Hi there, this page gives a comprehensive listing of all the raw food email lists that we can find. It is updated at least regularly. If you can't find a list you're looking for, we'll be highly surprised! Make sure you join at least one list!

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RawVet · Raw Vet

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Description

Category: [Veterinary Medicine](#)

This list is a place for vets and specifically related professionals to discuss raw diets.

There is an increasing awareness the information provided about dog nutrition generally is full of mis-information, and part of the role of this list is to expose those myths.

Importantly, this list is about educating and re-educating the vet peer group about appropriate raw diets for dogs and cats.

In terms of reading, try Dr. Lonsdales, "Raw Meaty Bones", an intellectual read worthy of your immediate attention.

For more generalised information about the raw diet, please go to the general [raw feeding](#) email list.

Please note: this list is not for the "pet owner" seeking vet advice or a well educated vet in their local area.

To join the list, you need to send an email to: rawvet-owner@yahoogroups.com detailing your reasons for wanting to join the list, your profession, your location, and vet association registration number (or the like).

Group Info

Members: **80**
 Founded: **Oct 8, 2002**
 Language: **English**

Group Settings

- Listed in directory
- Restricted membership
- Posts from new members require approval
- All members may post
- Archives for members only
- Email attachments are permitted

Most Recent Messages

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
2004	15	30	42	48	6							
2003	4	27	11	9	5	5	20	19	85	11	11	32
2002										28	6	5

Group Email Addresses

Post message: RawVet@yahoogroups.com

Subscribe: RawVet-subscribe@yahoogroups.com

Unsubscribe: RawVet-unsubscribe@yahoogroups.com

List owner: RawVet-owner@yahoogroups.com

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[School of Veterinary Medicine - Grenada](#): St. George's University: large and small animal programs. Clinical training in U.S. and UK. 25 years of medical education experience. University community of 3,000. Financial aid available.
www.sgu.edu

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NO FREE LUNCH

Just Say No To Drug Reps

what's new
facts & fallacies
required reading
medical students

things you can do
take the pledge
pen amnesty
paraphernalia

other resources
news archives
patient assistance
links
user's guide
slide presentation

join or contribute
comments
about us

Take the **CAGE**:

Have you ever prescribed **C**elebrex? ✓

Annoyed by people who complain about drug lunches & free gifts? ✓

Is there a medication lo**G**o on the pen you're using right now? ✓

Do you drink your morning **E**ye-opener out of a Lipitor coffee mug? ✓

If you answered YES to 2 or more of the above, you may be drug company dependent. Don't despair! Click for **HELP!**

[site map](#)

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Site design by [Benita Marcus and Jason Stele](#)



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Pharmaceutical Facts

- The “Research-based” pharmaceutical industry spends more on marketing and administration than it does on research and development. ([Families USA](#))
- U.S. Drug spending increased 17.1% to \$154.5 billion dollars in 2001. One-quarter of this increase was due to a shift to the use of more expensive drugs. ([National Institute for Health Care Management](#))
- Pharmaceutical industry profits were 18.5% of revenue in 2001. For the remainder of Fortune 500 companies, median profits were 3.5% ([FamiliesUSA](#)).
- Since 1995, R&D staff of U.S. brand name drug companies have decreased by 2%, while marketing staff have increased by 59%. Currently, 22% of staff are employed in research and development, while 39% are in marketing. ([PhRMA Industry Profile 2000](#); percentages calculated by Sager and Socolar)
- In a study by Avorn, et al, forty-six per-cent of physicians reported that drug reps are moderately to very important in influencing their prescribing habits ([Am Journal of Med, 1982](#)).
- In a study by Lurie, et al, one-third of medical residents reported that they change their practice based on information provided by drug reps ([Journal of Gen Int Med, 1990](#)).
- In a study by Steinman, et al, 61% of medical residents stated that industry promotions did not influence their own prescribing, but only 16% believed other physicians to be similarly uninfluenced. ([Am Journal of Med, 2000](#))
- Two and one-half billion dollars were spent on advertising to consumers in 2000. Increases in the sales of the 50 drugs most heavily advertised to consumers were responsible for almost half (47.8%) of the \$20.8 billion increase in spending in 2000. ([NIHCM](#))
- In 2000, Merck spent \$161 million on advertising for Vioxx. That is more than Pepsico spent advertising Pepsi. (\$125 million), and more than Anheuser-Busch spent advertising Budweiser.(\$146 million). The increase in Vioxx sales in 2000 accounted for 5.7% of the 1 year increase in drug spending. ([NIHCM](#))
- A study by Westfall, et al, found that 96% of physicians and staff had taken samples for personal or family use in the preceding year. ([JAMA, 1997](#))
- According to industry estimates, drug companies spent \$15.7 billion dollars on promotion in 2000. \$7.2 billion dollars worth of free samples were distributed that year([IMS Health](#)).
- A study by Chew, et al , found that in the treatment of hypertension, over 90% of physicians would dispense a sample that differed from their preferred drug choice. ([JGIM, 2000](#))
- The AMA generates \$20 million in annual income by selling detailed personal and professional information on all doctors practicing in the United States to the pharmaceutical industry ([NY Times, November 16, 2000](#)).

Submit your facts
(with references)

Fallacies in Pharmaceutical Promotion

(*J Gen Int Med, 1994*)

- **Argumentum ad Verecundiam** (appeal to authority)

"Doctor, The Chairman of I.D. here says he's using Trovan™ for all his UTI patients; don't you think you should try it?"

- **Argumentum ad Populum** (the bandwagon effect)

"Doctor, *everyone* over at University is using Trovan™; don't you think you should?"

Oh and did I mention the FDA advisory . . .

- **Non Sequitur** (the red herring)

"Yes it's true, doctor, that endoscopic ulcerations don't necessarily correlate with symptomatic ulcers, but nevertheless . . ."

- **Argumentum ad Misericordiam** (appeal to pity)

"Doctor, Nexium just has not been doing well in my territory. Do you think you might try it?"

and we add:

- **Post prandium ergo propter prandium**
(After lunch, therefore, because of lunch)

The tendency to prescribe a medication following a drug company lunch. In the case of a breakfast, referred to as "bagel bias."

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Description

Category: [Puppies](#)

This is a group of like minded dog (and sometimes cat) breeders who raise their dogs on an appropriate raw diet.

Many dog owners today want to find a breeder who raises their puppies on a raw diet. This list aims to connect these groups of people together.

This group is a sub-group of the main raw feeding [email list](#).

This group provides the opportunity to locate breeders who may have puppies, older dogs, or rescue dogs available.

However, this group does not attest to the quality of either the puppies or the breeder. You need to do that research independently.

A note to breeders - this list clearly discourages poor breeding programs. This includes the plethora of excuses for not showing your dogs. If you have not shown your dogs to championships, this list is not for you. Not only are we encouraging raw feeding breeders, but we are here to encourage good breeding practices, and promoting quality puppies.

Puppy millers and deliberate cross breeders are not allowed on the list, and we encourage all people to raise their dogs correctly.

Group Info

Members: **53**
 Founded: **Nov 11, 2003**
 Language: **English**

Group Settings

- Listed in directory
- Restricted membership
- Posts from new members require approval
- All members may post
- Archives for members only
- Email attachments are permitted

Most Recent Messages

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
2004	5	10	4	4	4							
2003											25	3

Group Email Addresses

- Post message: rawbreeders@yahoogroups.com
- Subscribe: rawbreeders-subscribe@yahoogroups.com
- Unsubscribe: rawbreeders-unsubscribe@yahoogroups.com
- List owner: rawbreeders-owner@yahoogroups.com

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[Train Your Puppy In 5 Minutes A Day](#): Live video lessons on DVD, VHS or CD-ROM. Potty and crate training, jumping, biting, chewing and obedience. Recommended by veterinary behaviorists and the Humane Society of the U.S.
www.puppysmarts.com

[Save up to 60% off Vet Bills](#): Pet Care Direct saves you up to 60% off your vet's price on flea medicine for your pet dog and cat. Frontline, Advantage, Revolution, and Sentinel. Great range, come visit and save.
www.petcaredirect.com

[Handcrafted Dog Jewelry](#): The finest silver, vermeil and gold pins and charms of dogs handcrafted in the USA. Also watches of all dog and cat breeds.
www.loveisarose.com

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